

### Modeling of CNS Delivery for Nose-to-Brain Targeted Drug Products

#### **SCONA 2022**

January 28, 2022

Ross Walenga, Ph.D.

Chemical Engineer Division of Quantitative Methods and Modeling, Office of Research and Standards, Office of Generic Drugs CDER | U.S. FDA

www.fda.gov

# Targeting Central Nervous System (CNS)

- Treat CNS disorders without the need to overcome the blood-brain-barrier
- Reduce dose needed and possibly increase rate of delivery
- Many treatments are in development
  - Alzheimer's Disease<sup>1</sup>
  - Parkinson's Disease<sup>2</sup>
  - Migraines<sup>3</sup>

#### Nasal Drug Products (NDPs) with Olfactory Targeting Claims



- Trudhesa<sup>®</sup> (dihydroergotamine mesylate nasal spray)
  - Approved September 2, 2021
  - Indicated for treatment of migraines
  - Olfactory targeting not specified on product label
- Precision Olfactory Delivery<sup>®</sup> system<sup>4</sup>
  - Large or small molecules, liquid or powder, to upper nasal cavity or upper turbinates

- Onzetra Xsail<sup>®</sup> (sumatriptan succinate nasal powder)
  - Approved January 27, 2016
  - Indicated for treatment of migraines
  - Olfactory targeting not specified on product label
- Optinose<sup>®</sup> system<sup>5</sup>
  - Aims to deliver deep into nasal cavity
  - Hypothesis that there may be local uptake via olfactory and trigeminal nerves

#### **Nose-to-Brain Drug Delivery**

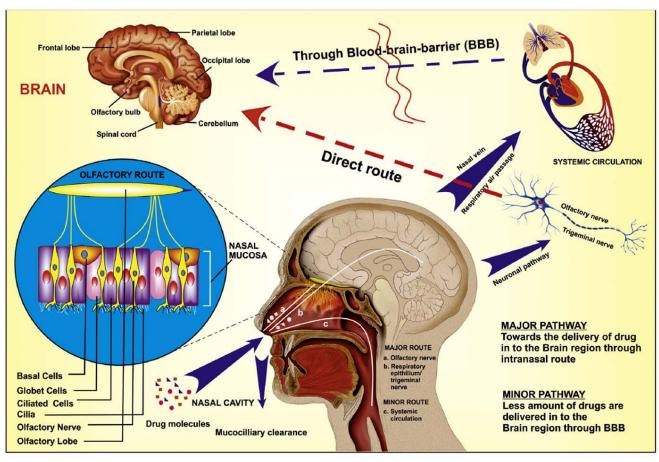


Figure 2 from Agrawal et al.<sup>1</sup>

FDA

## Bioequivalence (BE) at the Site of Action for Locally-Acting NDPs



- For locally-acting NDPs, nasal tissue is the site of action
- Regional deposition is upstream of local tissue drug exposure and systemic pharmacokinetics (PK) is downstream

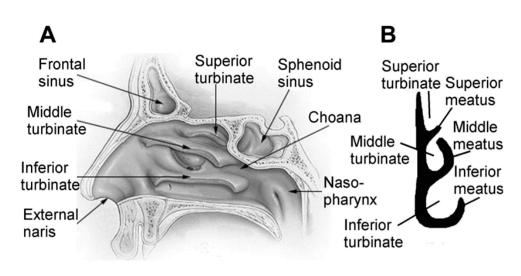


Figure 1 from Liu et al.<sup>7</sup>

#### Weight of Evidence Approach for Locally-Acting Nasal Sprays



BE recommendations include in vitro studies, in vivo studies, and formulation and device sameness<sup>8</sup>

In vitro studies	In vivo studies
<ul> <li>Single Actuation Content</li> <li>Droplet Size Distribution (DSD) by Laser Diffraction</li> <li>Drug in Small Particles/DSD by Cascade Impaction</li> <li>Spray Pattern</li> <li>Plume Geometry</li> <li>Priming and Repriming</li> </ul>	<ul> <li>Comparative PK with fasting, two-way crossover design in healthy subjects (suspensions only)</li> <li>Comparative Clinical Endpoint or Pharmacodynamic (suspensions only)</li> </ul>

#### Product-Specific Guidances (PSGs) for Products with Nose-to-Brain Drug Delivery



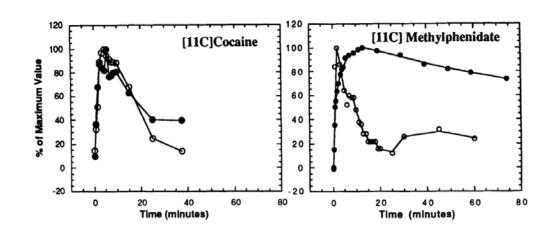
- NDPs that target systemic uptake such as esketamine nasal spray may have PSG recommendations for in vitro or in vivo PK option.<sup>9</sup>
- Sumatriptan succinate nasal powder recommends combination of in vitro studies and in vivo PK study as well as formulation and device sameness.<sup>10</sup>
- What recommendations may be appropriate for NDPs with confirmed nose-to-brain drug delivery?



#### **Quantification of Drug Delivery to Brain**

- Receptor binding in brain may be quantified using positron emission tomography (PET) scan data
  - Ethical concerns with conducting BE study
- Alternative BE approach?
  - Combination of in vitro and/or silico studies
  - Can modeling be used to design such an approach?

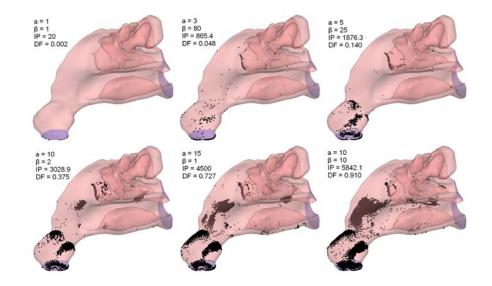
Figure 1 from Fowler et al.<sup>11</sup>: Percent of maximum receptor binding value from PET scan data



#### Computational Fluid Dynamics (CFD) Modeling of NDPs

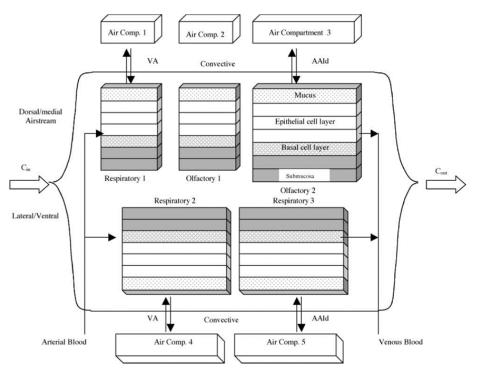


- Predict influence of device and formulation parameters
  - Particle size distribution, spray angle, spray velocity
  - Regional deposition
    - Intersubject variability
  - PK profile
    - Combined with physiologicallybased pharmacokinetic (PBPK) modeling



Fiber deposition in nasal cavity, where a is the fiber radius in  $\mu$ m,  $\beta$  is the fiber aspect ratio, IP is the impaction parameter, and DF is the deposition fraction. (Fig. 13 from Dastan et al.<sup>12</sup>)

#### **PBPK Modeling of NDPs**



Nasal PBPK model structure as shown in Fig. 2 of Andersen et al.<sup>13</sup>

#### Compartmental model

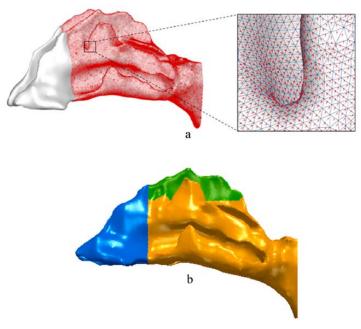
- Prediction of local and systemic PK
  - Dissolution in mucus layer
  - Absorption through nasal tissue
  - Metabolism in nasal tissue
  - Integration with systemic model
- Validated with in vivo PK data

#### www.fda.gov

FDA

#### Fully 3D Nasal Mucociliary Clearance (MCC) Model



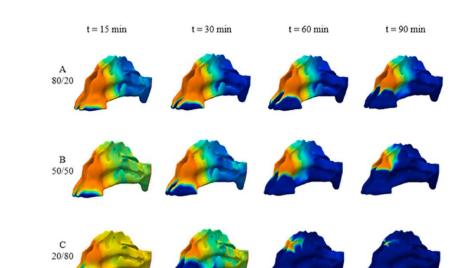


Nasal MCC model features, including a) 6 mm/min mucus velocity vectors in mucus layer and b) regional definitions including olfactory (red), nasal vestibule (blue), and nasal cavity (orange) regions. (Fig. • 1 of Chari et al.<sup>14</sup>)

- North Carolina State University
  - PI: Clement Kleinstreuer
  - Grant #1U01FD006537: 2018-2021
- 3D CFD model is used to predict regional deposition of NDPs
- Particle deposition locations are directly translated to fully 3D mucus layer model
- Nasal MCC model predicts transit, dissolution, and absorption simultaneously
  - Can be used for predicting olfactory region deposition and absorption

#### Fully 3D Nasal MCC Model – Results

- Model sensitivity was investigated
  - Oil-in-water partition coefficient  $(K_{o/w})$
  - Solubility (C<sub>s</sub>)
  - Particle diameter (d)
- High values of K<sub>o/w</sub> and C<sub>s</sub> produced rapid absorption
- Smaller particles show initial burst in absorption rate, but after burst, rates are similar
- Effect of deposition locations was investigated



Mucus layer drug concentrations for drug with  $K_{o/w} = 0.005$ ,  $C_s = 0.02 \text{ mg/mL}$ , and d = 5 µm for regional depositions ratios in the nasal vestibule and nasal cavity regions of a) 80/20, b) 50/50, and c) 20/80. (Fig. 15 of Chari et al.<sup>14</sup>)



#### **Nasal In Vitro Models**

Cut-open view of the left nasal passage



Cut-out olfactory region (OL)



Nasal in vitro model that allows for measurement of olfactory region deposition. (Adapted from Fig. 1c of Xi et al.<sup>15</sup>)

- Drug product is actuated into nasal model
- Deposited drug is measured from removable sections using high performance liquid chromatography (HPLC)
- Deposition may show significant intersubject variability according to anatomical differences
- Olfactory deposition may be measured with separate section

FDA

## **Currently Available PBPK Models**



- Commercially available nasal PBPK model includes compartments for nasal cavity and nasopharynx, but not for the olfactory region.<sup>16</sup>
- There are no known open-source nasal PBPK models that include olfactory region-specific absorption.
- Development of a nasal PBPK model with olfactory-region specific absorption will ideally include several pathways.
- PBPK model development is needed to facilitate use as part of alternative BE approach for nose-to-brain NDPs.

## Conclusions



- 1. Nose-to-brain drug delivery is an emerging area for product development.
- 2. Absorption for nose-to-brain drug delivery may occur via several distinct pathways.
- 3. Determining BE for potential generic nose-to-brain NDPs may be complicated if it is demonstrated that the effectiveness of the reference product relies on nose-to-brain drug delivery.

## Conclusions (cont'd)



- 4. Modeling may be used with relevant in vitro studies to develop an alternative BE approach if nose-to-brain drug delivery must be considered for BE.
- 5. Current PBPK models lack nose-to-brain pathways and further development is needed to facilitate their use for this application.

## **Call to Action**



Notice of Funding Opportunity (NOFO) has been posted for nose-to-brain PBPK grant. The request for applications (RFA) will be posted later in fiscal year 2022.

<u>https://www.grants.gov/web/grants/view-</u> <u>opportunity.html?oppId=336327</u>

### Acknowledgements

FDA

- FDA/CDER/OGD/ORS
  - Sharon Ahluwalia
  - Khondoker Alam
  - Andrew Babiskin
  - Betsy Ballard
  - Elizabeth Bielski
  - Susan Boc
  - Steven Chopski
  - Denise Conti
  - Quoc-Viet Duong
  - Sneha Dhapare
  - Liangfeng Han

- FDA/CDER/OGD/ORS
  - Bryan Newman
  - Mingliang Tan
  - Eleftheria Tsakalozou
  - Michael Wientjes
  - Miyoung Yoon
  - Lanyan (Lucy) Fang
  - Myong-Jin Kim
  - Darby Kozak
  - Liang Zhao
  - Markham Luke
  - Lei Zhang
  - Robert Lionberger

- FDA/CDER/OGD/OB
  - Kimberly Witzmann
- FDA/CDER/OPQ/OLDP
  - Srinivas Behara
- FDA/CDER/OPQ/ONDP
  - Renishkumar Delvadia
- FDA/CDER/OPQ/OTR
  - Geng Tian
  - Maziar Kakhi
- FDA/CDER/OTS/OCP
  - Bhawana Saluja
- North Carolina State University
  - Clement Kleinstreuer
  - Sriram Chari



## References



- 1. Agrawal M, Saraf S, Saraf S, Antimisiaris SG, Chougule MB, Shoyele SA, Alexander A. Nose-to-brain drug delivery: An update on clinical challenges and progress towards approval of anti-Alzheimer drugs. Journal of controlled release. 2018;281:139-77.
- 2. Kulkarni AD, Vanjari YH, Sancheti KH, Belgamwar VS, Surana SJ, Pardeshi CV. Nanotechnology-mediated nose to brain drug delivery for Parkinson's disease: a mini review. Journal of drug targeting. 2015;23(9):775-88.
- 3. Sachan N, Bahadur S, Sharma PK. Recent advances and novel approaches for nose to brain drug delivery for treatment of migraine. Drug Delivery Letters. 2019;9(3):182-98.
- 4. Shrewsbury SB, Jeleva M, Satterly KH, Lickliter J, Hoekman J. STOP 101: A phase 1, randomized, open-label, comparative bioavailability study of INP104, dihydroergotamine mesylate (DHE) administered intranasally by a I123 Precision Olfactory Delivery (POD<sup>®</sup>) device, in healthy adult subjects. Headache: The Journal of Head and Face Pain. 2019;59(3):394-409.
- 5. Cady RK, McAllister PJ, Spierings EL, Messina J, Carothers J, Djupesland PG, Mahmoud RA. A randomized, double-blind, placebo-controlled study of breath powered nasal delivery of sumatriptan powder (AVP-825) in the treatment of acute migraine (The TARGET Study). Headache: The Journal of Head and Face Pain. 2015;55(1):88-100.

## References (cont'd)



- 6. Pardeshi CV, Belgamwar VS. Direct nose to brain drug delivery via integrated nerve pathways bypassing the blood-brain barrier: an excellent platform for brain targeting. Expert opinion on drug delivery. 2013;10(7):957-72.
- 7. Liu Y, Johnson MR, Matida EA, Kherani S, Marsan J. Creation of a standardized geometry of the human nasal cavity. Journal of applied physiology. 2009;106(3):784-95.
- 8. U.S. Food and Drug Administration. Draft Guidance for Industry: Bioavailability and Bioequivalence Studies for Nasal Aerosols and Nasal Sprays for Local Action. CDER (April 2003). Available from: <u>https://www.fda.gov/media/70867/download</u>.
- 9. U.S. Food and Drug Administration. Draft Guidance on Esketamine Hydrochloride. CDER (August 2020). Available from: <u>https://www.accessdata.fda.gov/drugsatfda\_docs/psg/PSG\_211243.pdf</u>.
- 10. U.S. Food and Drug Administration. Draft Guidance on Sumatriptan Succinate. CDER (March 2020). Available from: <u>https://www.accessdata.fda.gov/drugsatfda\_docs/psg/PSG\_206099.pdf</u>.
- 11. Fowler JS, Volkow ND. PET imaging studies in drug abuse. Journal of Toxicology: Clinical Toxicology. 1998;36(3):163-74.

## **References (cont'd)**



- 12. Dastan A, Abouali O, Ahmadi G. CFD simulation of total and regional fiber deposition in human nasal cavities. J Aerosol Sci. 2014;69:132-49.
- 13. Andersen ME, Green T, Frederick CB, Bogdanffy MS. Physiologically based pharmacokinetic (PBPK) models for nasal tissue dosimetry of organic esters: assessing the state-of-knowledge and risk assessment applications with methyl methacrylate and vinyl acetate. Regulatory Toxicology and Pharmacology. 2002;36(3):234-45.
- 14. Chari S, Sridhar K, Walenga R, Kleinstreuer C. Computational analysis of a 3D mucociliary clearance model predicting nasal drug uptake. Journal of Aerosol Science. 2021;155:105757.
- 15. Xi J, Wang Z, Nevorski D, White T, Zhou Y. Nasal and olfactory deposition with normal and bidirectional intranasal delivery techniques: in vitro tests and numerical simulations. Journal of aerosol medicine and pulmonary drug delivery. 2017;30(2):118-31.
- 16. GastroPlus<sup>®</sup>: Additional Dosage Routes [Internet]. Simulations Plus; 2021 [cited 2021 Oct 28]. Available from: <u>https://www.simulations-plus.com/software/gastroplus/additional-dosage/</u>.