

# Bioequivalence Assessment for Complex Ophthalmic Products

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# Session: Non-traditional Approaches to BE and Biosimilars and Application of Clinical Pharmacology to Minimize Barriers to Generic Drug Substitution

# Biography and Contact Information

- Professor of Biopharmaceutics at University of Helsinki and University of Eastern Finland
- Research expertise in ocular drug delivery and pharmacokinetics
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# BARRIERS IN TOPICAL OCULAR DRUG DELIVERY

## Drainage factors

- Solution flow
- induced lacrimation
- Tear turnover

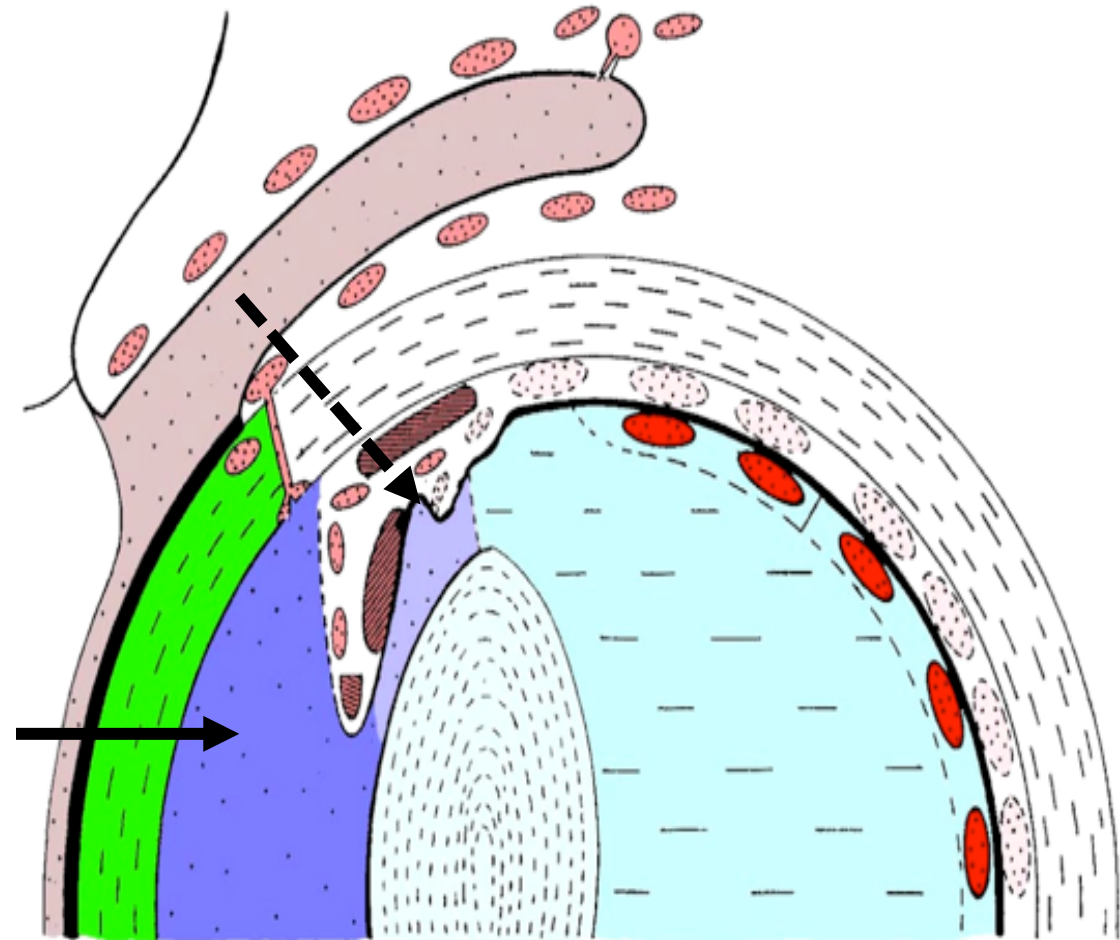
## Tissue barriers

- Cornea
- Conjunctiva
- Sclera

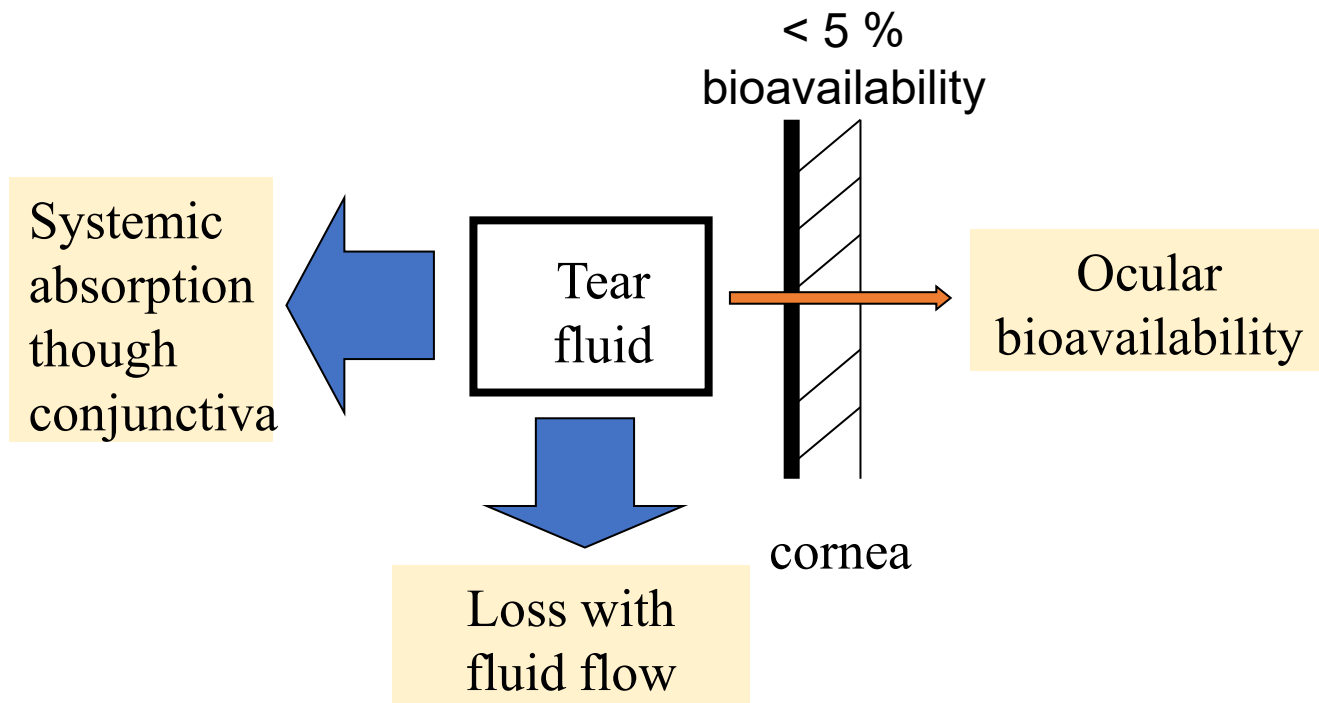
Non-corneal  
absorption



Corneal  
Absorption



# Ocular drug absorption



## Permeation factors

- Biological barriers
- Drug
- Formulation

## Contact time factors

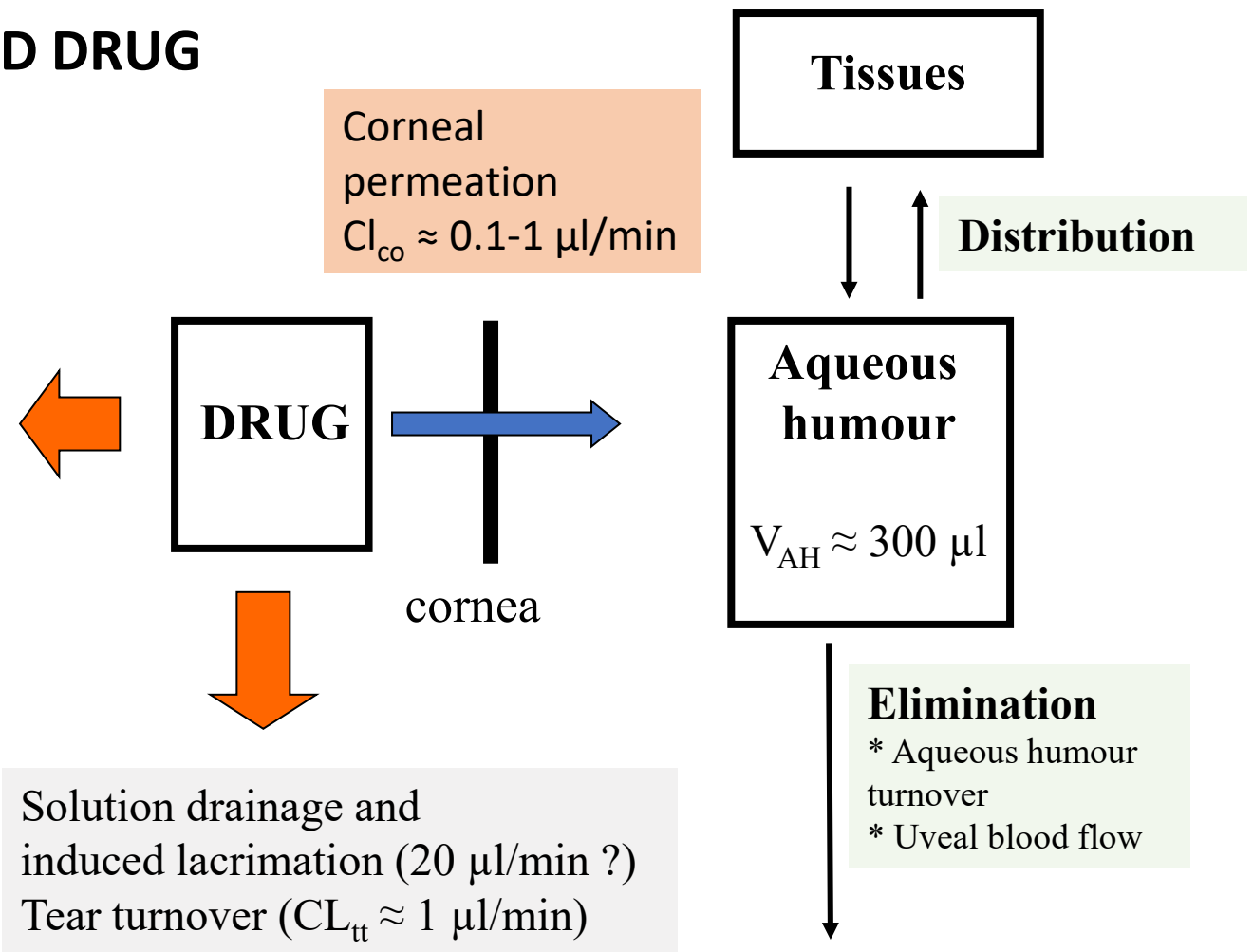
- Tear flow
- Eye response to instillation
- Drug
- Formulation

# FATE OF THE INSTILLED DRUG

Systemic absorption through conjunctiva  
 $CL_{cj} \approx 5-10 \mu\text{l}/\text{min}$

Systemic BA often > 50%  
 Fast

Corneal permeation  
 $Cl_{co} \approx 0.1-1 \mu\text{l}/\text{min}$



$CL = P \times S$   
 P = permeability  
 S = surface area

Solution drainage and induced lacrimation (20  $\mu\text{l}/\text{min}$  ?)  
 Tear turnover ( $CL_{tt} \approx 1 \mu\text{l}/\text{min}$ )

**Permeation factors**  
 Lipophilicity  
 Molecular size  
 pH  
 Preservative

**Contact time factors**  
 Osmotic pressure  
 pH  
 Viscosity

# Complex formulations: suspensions, emulsions

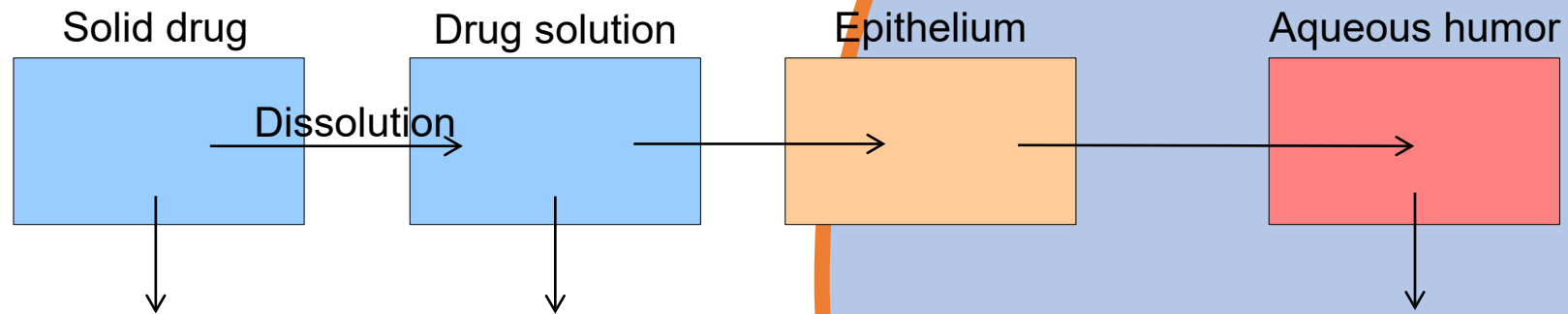
- Physical chemical factors

- Particle size distribution
- Drug solubility
- Viscosity / mucoadhesion
- pH
- Tonicity

- Impact of the factors on

- Bioavailability
- Bioequivalence
- Efficacy and safety

# Ocular suspensions



- **Tear flow**
  - Basal tear flow
  - Drainage of excess fluid
  - Induced lacrimation

Cornea

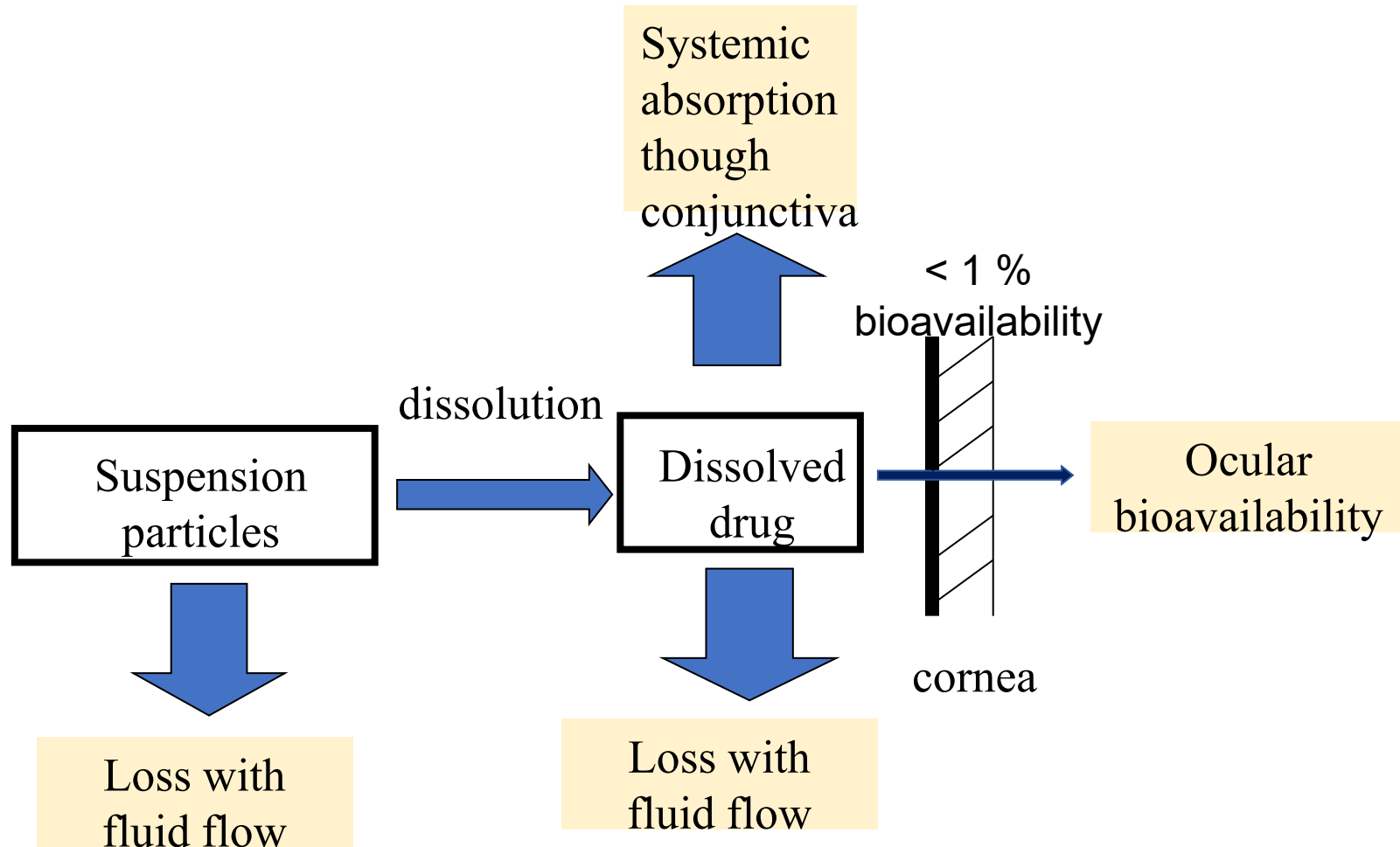
## ADDITIONAL FACTORS:

Dissolution rate

Particle retention on ocular surface



# SUSPENSION KINETICS



## Particle size effects

- Contact time?
- Dissolution rate?

## Viscosity

- Contact time?

# Fluorometholone absorption from suspensions and solutions in rabbits

## Drug concentrations in the aqueous humor:

Suspension > saturated solution

Particle size 2.5  $\mu\text{m}$  > Particle size 10.4  $\mu\text{m}$

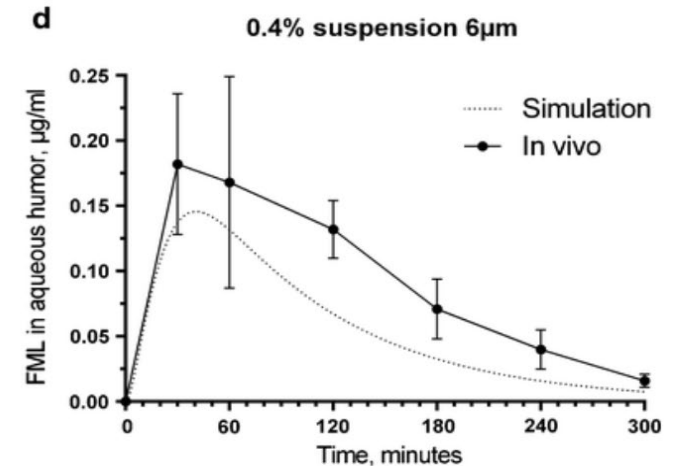
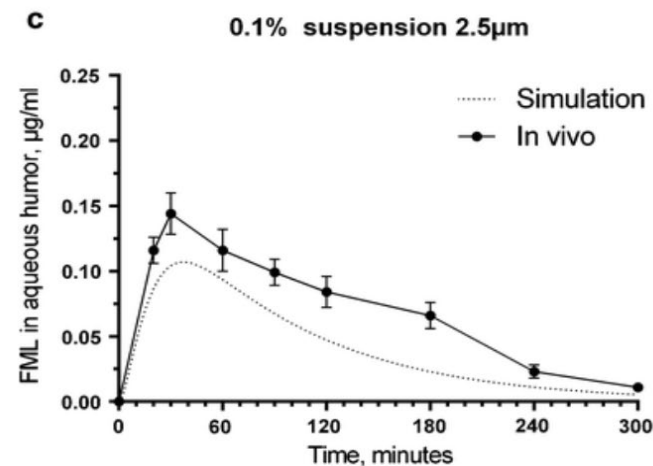
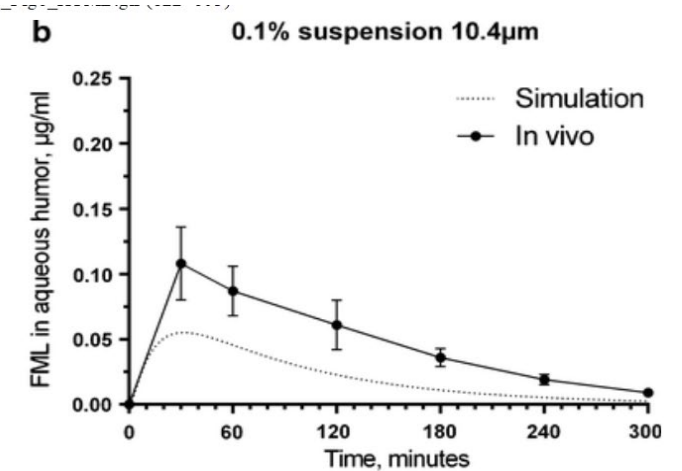
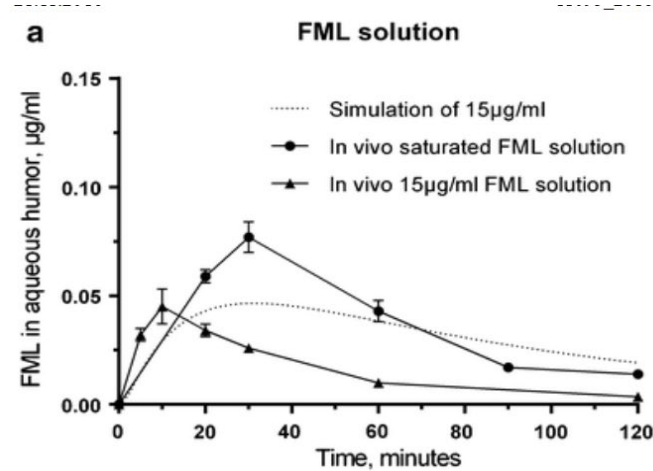
Concentrations increase less than proportionally with the dose (solution, suspension 0.1% and 0.4%)



## Conclusions

Dissolution rate affects bioavailability

Drug dissolution takes place in the tear fluid, but only part of the drug dissolves

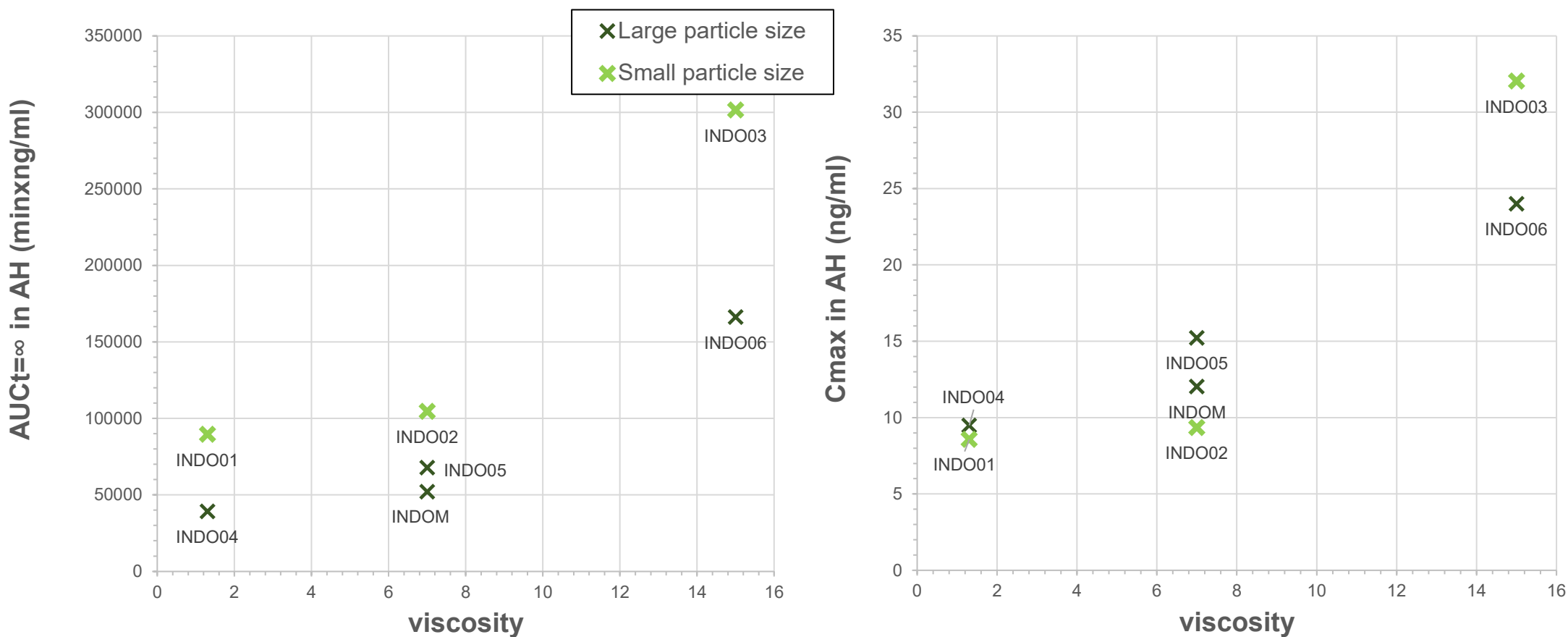


# Tests with indomethacin suspensions

Sample	Particle size d(0.5) µm	Calculated viscosity (mPa s)	Osmolality mOsm/kg	pH
INDO1	0.43	≈ 1.3 (HPMC ES)	241	5.80
INDO2	1.33	≈ 7.0 (HPMC4000)	239	5.90
INDO3	0.37	≈ 15 (HPMC K35M)	239	5.84
INDO4	3.24	≈ 1.3 (HPMC ES)	241	5.82
INDO5	3.49	≈ 7.0 (HPMC4000)	242	5.89
INDO6	3.12	≈ 15 (HPMC K35M)	236	5.91
Commercial	5.58	≈ 7 (measured)	232	5.90

<b><i>FORMULATION</i></b>	<b><i>Particle size</i></b>	<b><i>Viscosity</i></b>
INDO 1	small	low
INDO 2	small	medium
INDO 3	small	high
INDO 4	large	low
INDO 5	large	medium
INDO 6	large	high
INDOM	large	medium

# Indomethacin absorption to the aqueous humour in rabbits



**Particle size** shows about 2 fold differences in the AUC and smaller differences in  $C_{max}$   
**Viscosity** shows about 4 fold differences in AUC and 2-3 range of  $C_{max}$

# Ocular suspensions

- Dissolution takes place in the tear fluid
- Only part of the particles dissolve, most particles are removed from the ocular surface undissolved
- Dissolution properties do influence ocular bioavailability (impact of particle size)
- Increased viscosity increases contact time and ocular absorption

# Current BE assessment

Drug concentrations from the aqueous humour of patients.

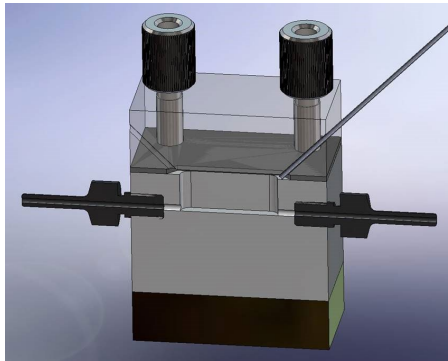
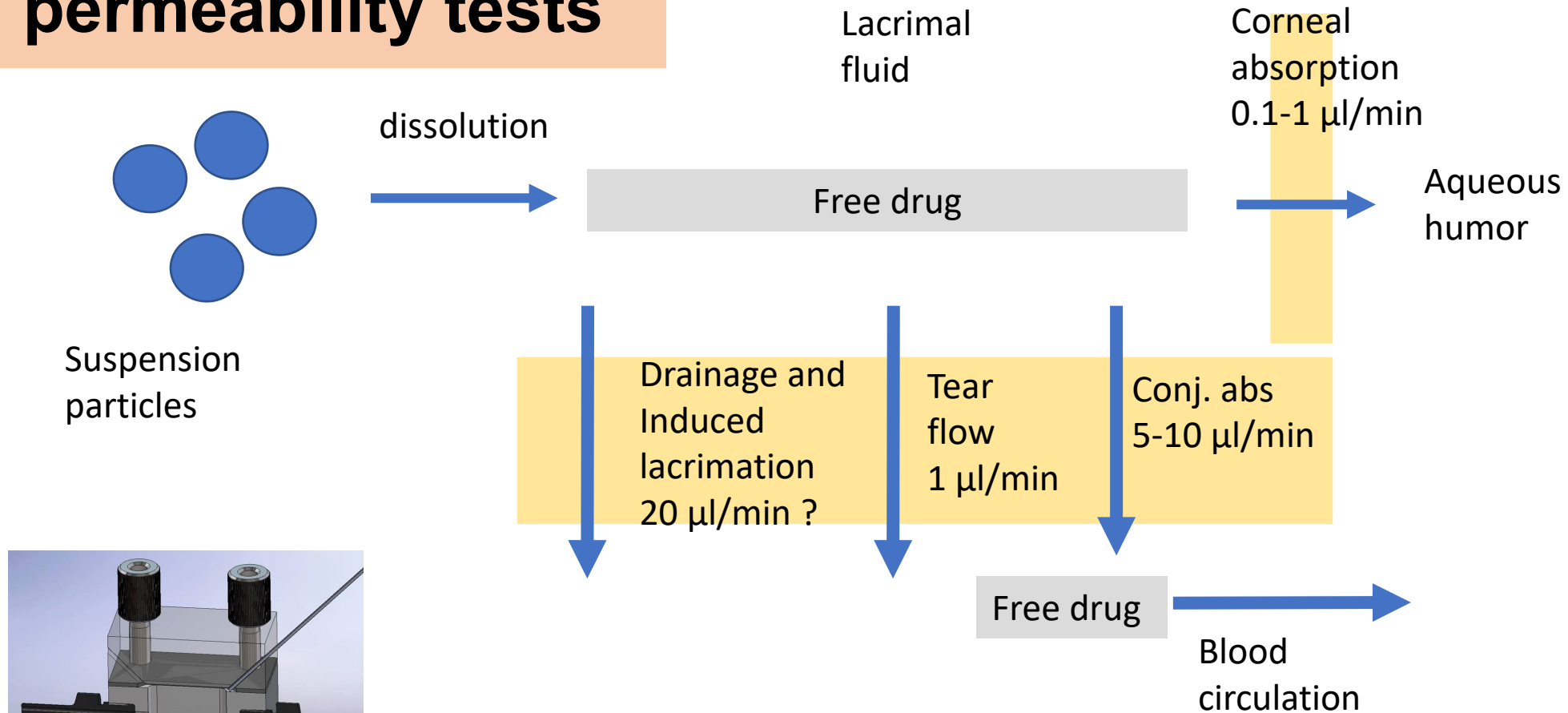
Sparse samples from many patients.

A lot of work - may prevent development of generic products



**Need for new approaches**

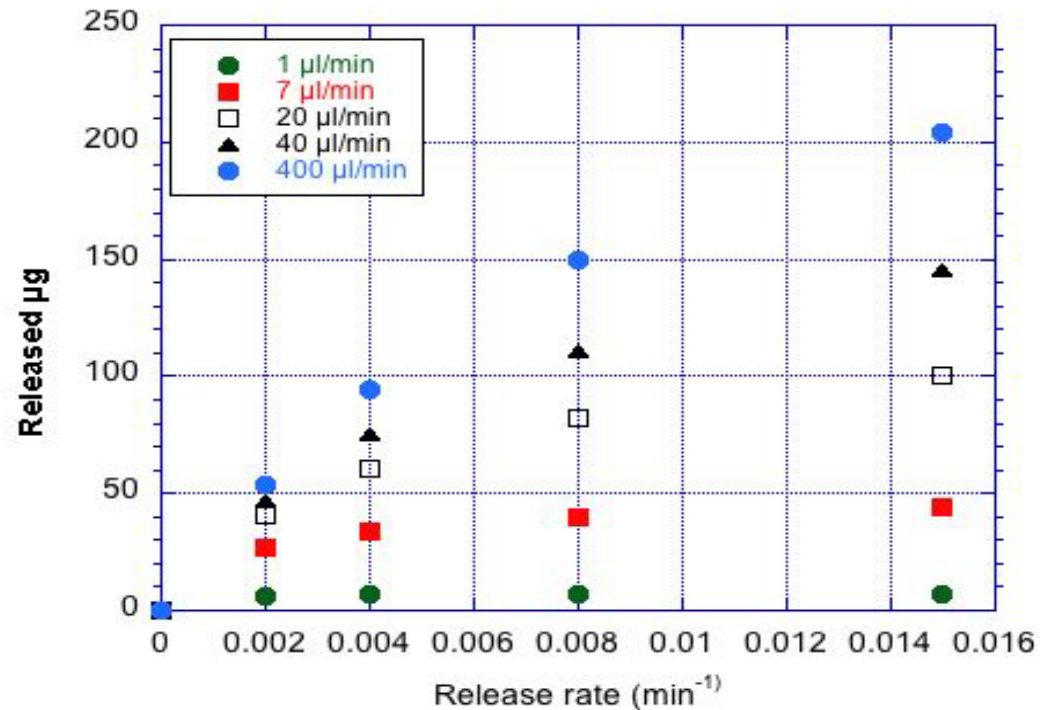
# Dissolution and permeability tests



Clearance factor in the dissolution test should mimic the situation in the tear fluid → correct level of sensitivity on formulation factors. Permeability and dissolution combined ?

# Impact of drug clearance from tear fluid on the release rate

## Simulations



## Conclusions

In sink conditions release rate ranges over 7.5 fold.

For the same formulations, dissolution rates range less than 7.5 fold under clearance conditions of tear fluid

For example,

CL = 1 µl/min → 1.1 fold range

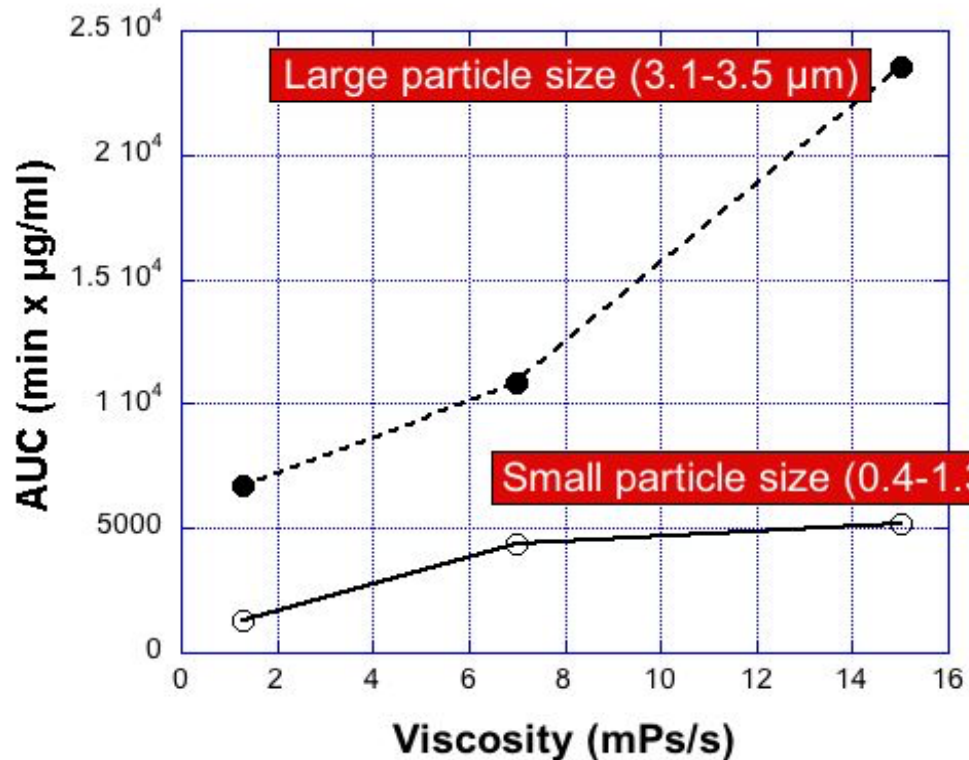
CL = 20 µl/min → 2.5 fold range

Dissolution tests in sink conditions over-estimate the importance of dissolution rate



# Impact of particle size and viscosity on contact time

AUC of indomethacin in rabbit tear fluid after instillation of a suspension



## Increased viscosity

- Increases ocular surface contact time
- Increases bioavailability

## Increased particle size

- Increases ocular surface contact time
- Decreases bioavailability

Dissolution of large particles is slower than that of smaller particles.

Lacrimal sampling: solution and suspension withdrawn.

Absorption is driven by the concentration of the dissolved drug.

# Conclusions

- Pharmacokinetics of complex formulations is complicated
- Two main parameters that define bioequivalence are contact time and dissolution rate on the ocular surface
- Particle size and viscosity have impact on contact time
- Particle size has impact on dissolution rate
- Tear sampling of *dissolved* drug - suitable bioequivalence test ?
- Dissolution, permeation or contact time alone are not sufficient
- Simulation will be useful support to experimental work
- Species differences

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# Questions

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