

# In-vivo skin PK testing for new and generic topical dermatological drug development

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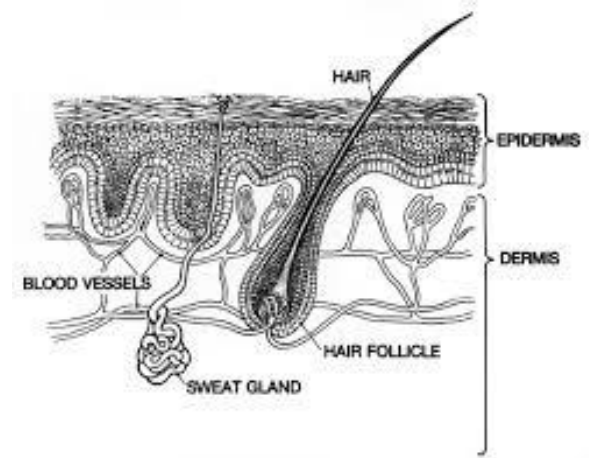
Funding for this project was made possible, in part, by the Food and Drug Administration through grants U01FD004946-01 and 1U01FD005861-01. The views expressed in this abstract do not necessarily reflect the official policies of the Food and Drug Administration, the Department of Health and Human Services; nor does any mention of trade names, commercial practices, or organization imply endorsement by the United States Government.

# Skin PK approaches *Overview*

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Does blood really reflect your drug's PK/PD in the dermis?



# Skin PK approaches

## *Overview*

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### Skin PK-based approaches are needed for

- Development of locally acting new drugs
  - Proof-of-mechanism
  - PK profile in target tissue
  - Lead compound development
  - Dose-response
  - Formulation optimization
  - Toxicity
  - PK-PD relationship
  - Linking pre-clinical to clinical data
  - ...
- Development of locally acting generic drugs
  - PK-based clinical bioequivalence
  - Reduced costs, time and associated development risks

# Skin PK approaches

## Overview

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### ■ Suction blister

#### **Target tissue: interstitial fluid**

- + quite easy to perform
- no continuous PK profile
- undefined compartment
- possible scar formation

### ■ Biopsies

#### **Target tissue: whole skin**

- + quite easy to perform
- no continuous PK profile
- high carry over
- invasive, possible scar formation

### ■ Tape stripping

#### **Target tissue: Stratum Corneum**

- + quite easy to perform
- + several time points for PK possible
- no continuous PK profile
- possible scar formation

### ■ RAMAN

#### **Target tissue: SC, Epidermis, Dermis?**

- + non-invasive
- + continuous PK profile
- low penetration depth into skin
- expensive instrumentation

# Skin PK approaches

## Overview

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### ■ Dermal Microdialysis

#### **Target tissue: Interstitial Fluid**

- + continuous PK profile
- + defined compartment
- + minimally invasive
- limited API spectrum due to membrane adsorption and size exclusion
- sampling time limited
- membrane associated effects
- requires standardization
- sensitive analytics needed

### ■ Dermal OFM

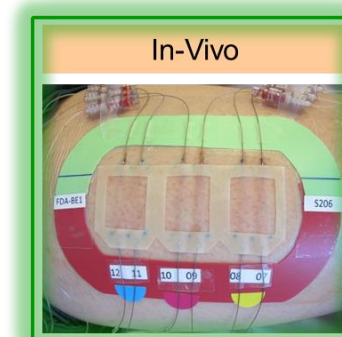
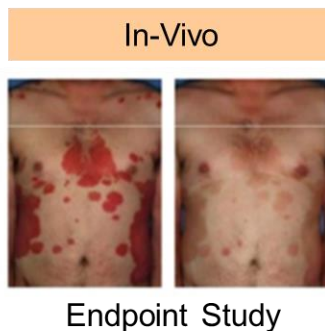
#### **Target tissue: Interstitial Fluid**

- + continuous PK profile
- + defined compartment
- + minimally invasive
- + entire API spectrum accessible
- + sampling time up to 48 h
- requires standardization
- sensitive analytics needed

# Dermal Open Flow Microperfusion *Vision*

***Vision: open a new way for PK-based bioequivalence studies using dOFM for topical generics***

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# Skin PK-based BE approaches

## Overview

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### Strengths

1. Provide a direct in-vivo measurement of the rate and extent of the active moiety at or near the site of action in the dermis.
2. Evidence indicates that dermal sampling has the potential to differentiate pharmacokinetic profiles that correspond to the used concentrations.

### Challenges

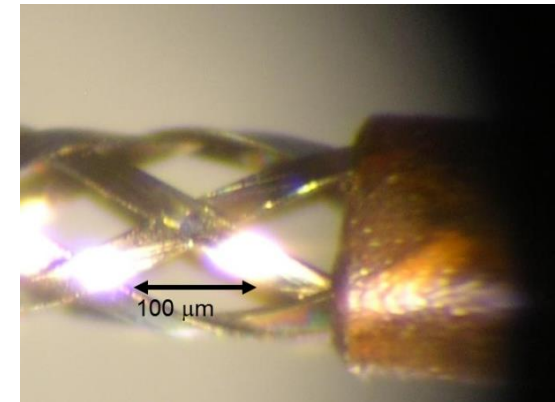
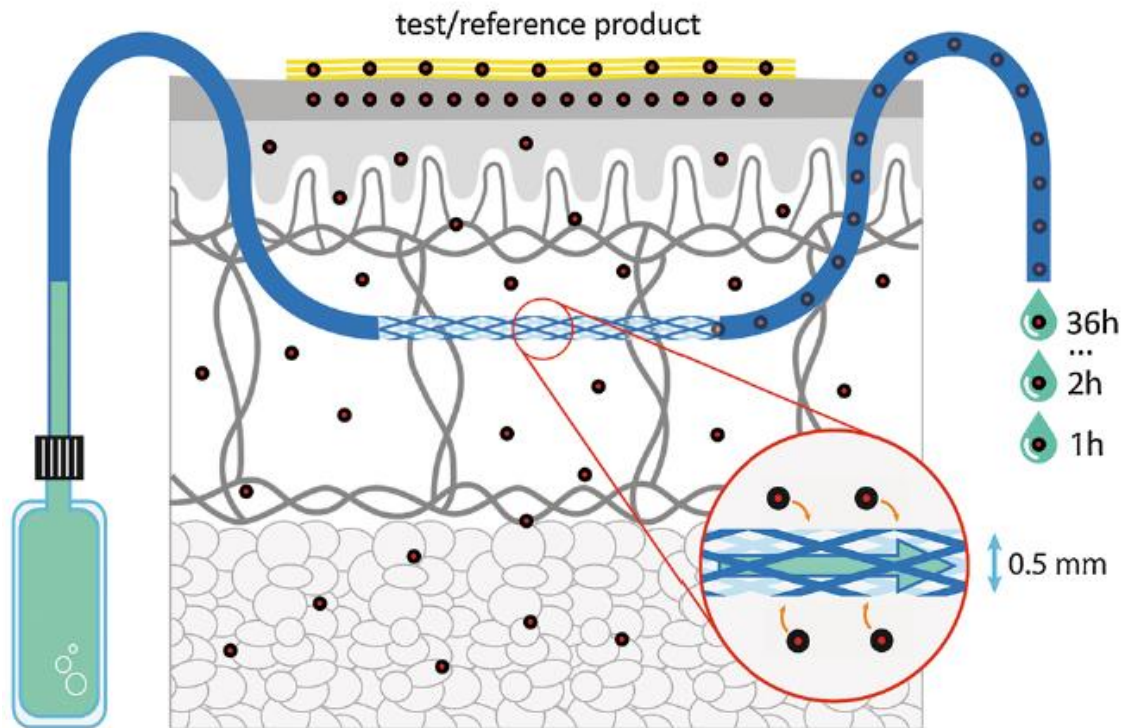
1. Robustness of continuous sampling methods
  2. Sampling time of 24 hours and more are needed to get  $\frac{3}{4}$  of AUC and  $C_{\max}$
  3. Highly variable skin penetration
-

# Skin PK-based BE approaches

## *Open Flow Microperfusion*

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✓ OFM samples represent diluted but unfiltered interstitial fluid



CE-certified for clinical use

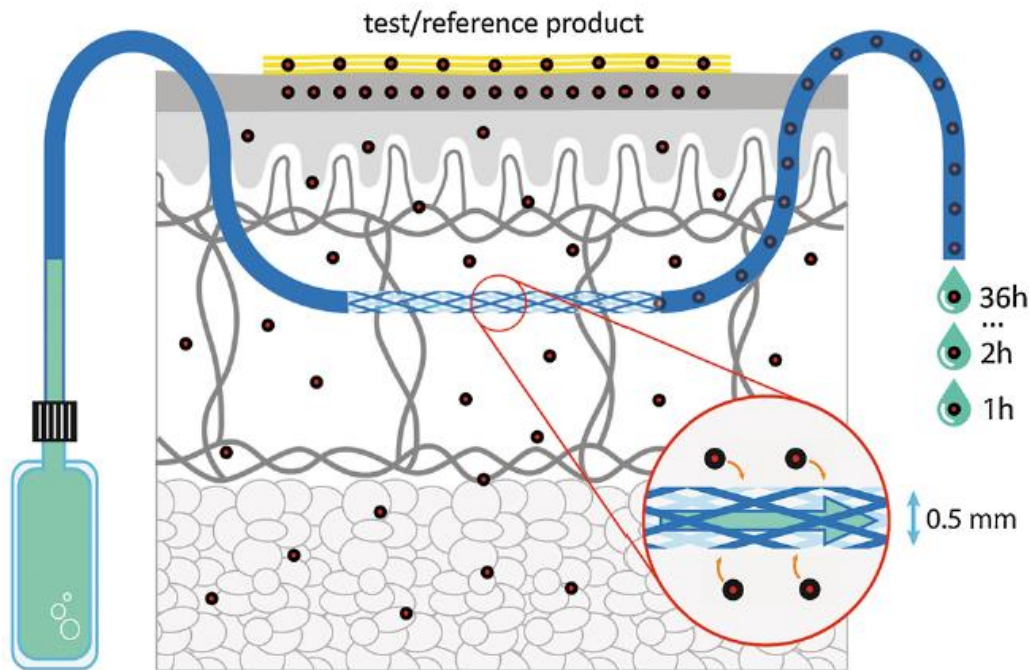


# Skin PK-based BE approaches

## *Open Flow Microperfusion*

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✓ All drugs are accessible in-vivo in the dermis



### lipophilic substances

Bodenlenz et al. 2016 (CP-17; logP 3.5)  
Holmgaard et al. 2011 (Fentanyl; logP 4.5)

### high molecular weight substances (up to cells)

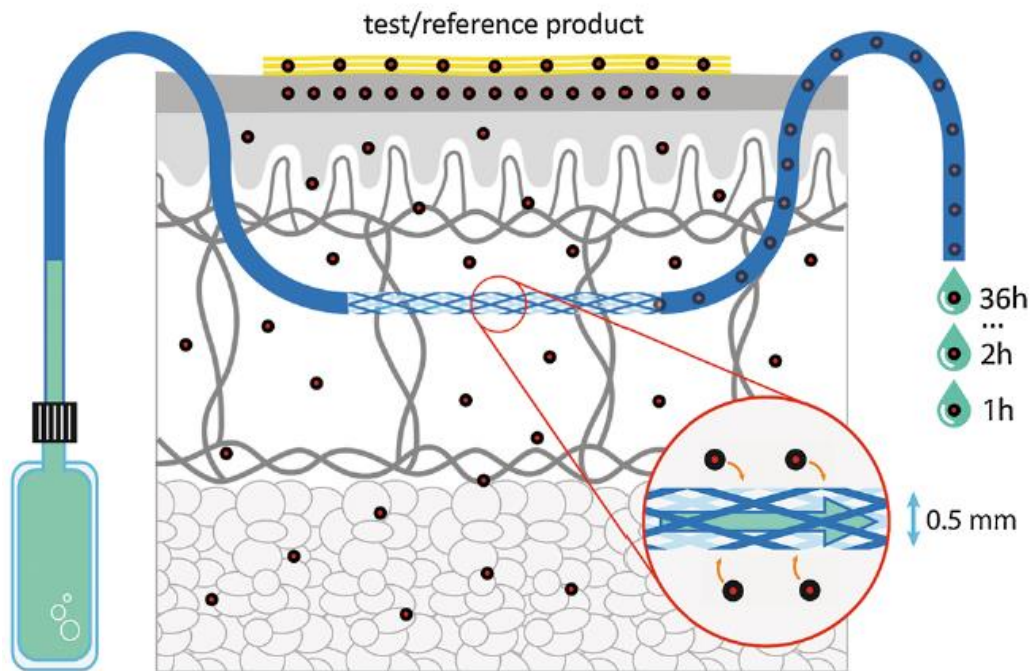
Dragatin et al. 2016  
(Quantification of antibodies in skin)

# Skin PK-based BE approaches

## *Open Flow Microperfusion*

10

✓ dOFM shows dose dependent dermal AUC profiles



### Clinical dOFM studies in skin:

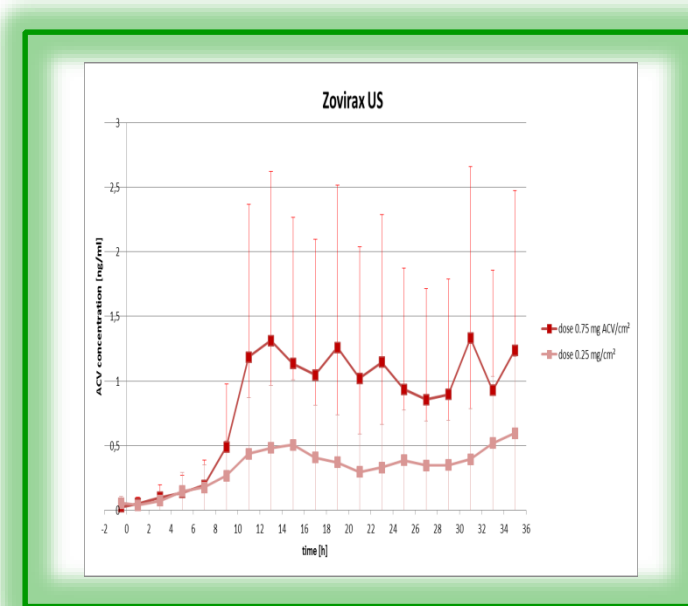
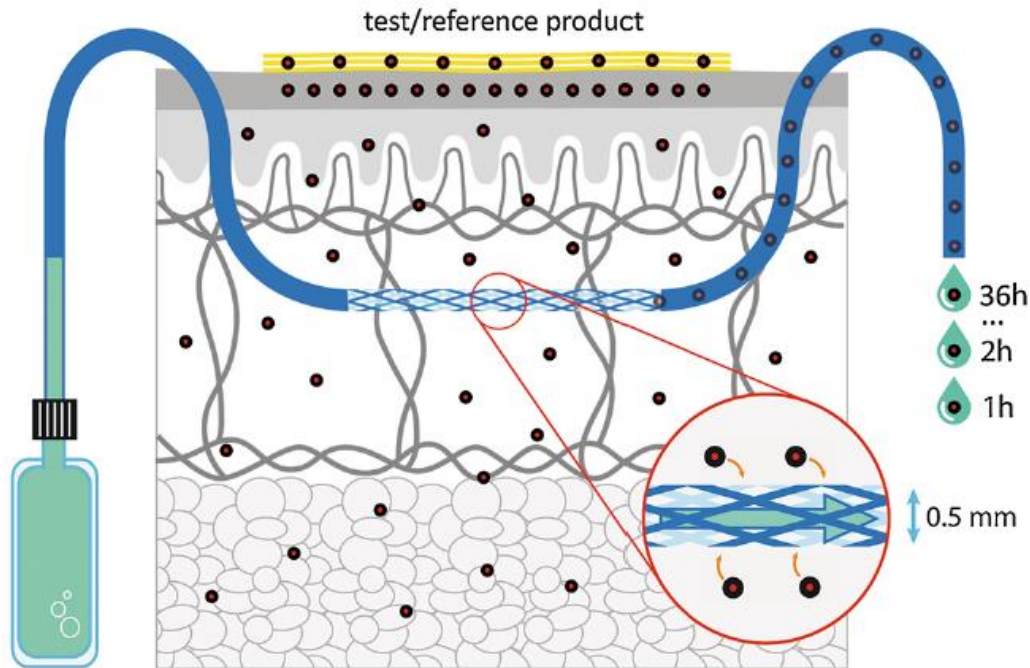
- Acyclovir (topical) – 36 h clinical
- Corticoid (topical) – 26 h clinical
- Antibody (SC) – 17 h clinical

# Skin PK-based BE approaches

## *Open Flow Microperfusion*

11

✓ dOFM drug concentration is dose dependent



# Skin PK-based BE approaches

## *Open Flow Microperfusion*

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✓ **dOFM has a potential for clinical BE studies**

### Strengths

1. Provide a direct in-vivo measurement of the rate and extent of the active moiety at or near the site of action in the dermis.
2. Evidence indicates that dermal sampling has the potential to differentiate pharmacokinetic profiles that correspond to the used concentrations.

### Challenges

1. Robustness of continuous sampling methods
2. Sampling time of 24 hours and more are needed to get  $\frac{3}{4}$  of AUC and  $C_{\max}$
3. Highly variable skin penetration

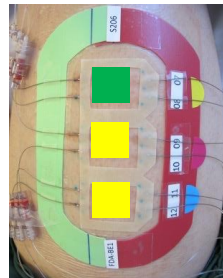
# Clinical Bioavailability

## *Overall Approach*

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Overall AIM: Investigate the capability of dOFM to address BE and non-BE of topical formulations in-vivo.

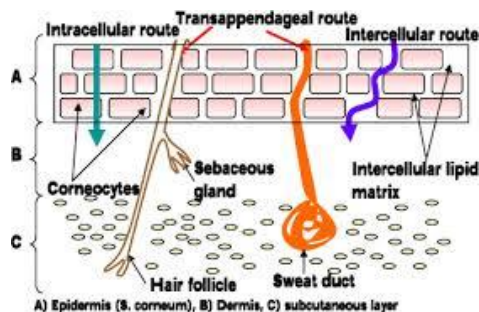
- Head-to-Head comparison to minimize inter-subject variability
- Use application-triplets with
  - Two separate application sites for the reference → for BE
  - One application site for a Q1 different drug → for non-BE
- Healthy subjects as a model for the most discriminating study population
- Use of a drug for which skin PK was never successfully monitored in healthy subjects



# dOFM

## Controlled or Monitored Parameters

✓ **Control for all significant contributing factors adding to data variability - or at least monitor it!**

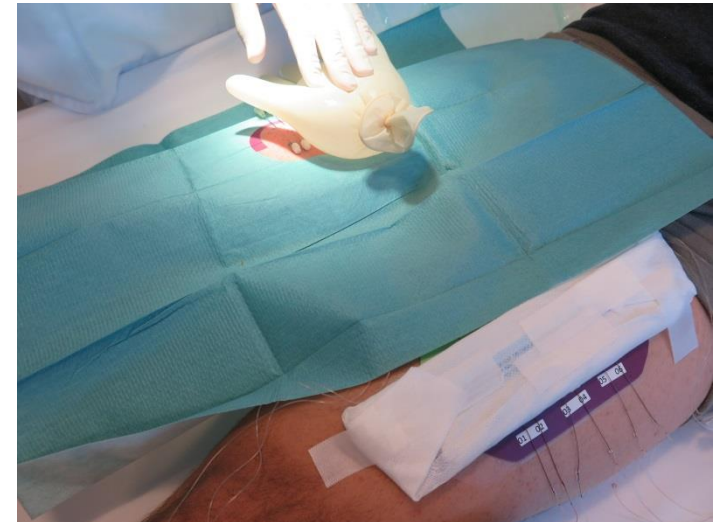
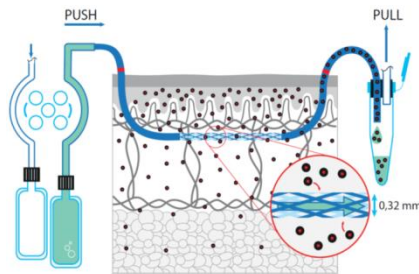


### Variations may result from differences in

- |   |   |  |
|---|---|--|
| Hairiness                                 | → | not controlled, but counted on photos                            |
| Hair shaving                              | → | subjects are shaved 5 days before dOFM visit                     |
| Sweat duct                                | → | not controlled   |
| Skin barrier (stratum corneum) properties | → | monitored by TEWL and impedance                                  |
| Skin care products use                    | → | not allowed 5 days before dOFM visit                             |
| Skin condition (e.g. Solarium)            | → | visual check at screening visit                                  |
| Room temperature and humidity             | → | controlled at $22 \pm 1^\circ \text{C}$ ; 40 - 60% rel. humidity |

# dOFM *Trauma formation*

✓ **Minimize trauma formation by cooling**



**Variations may result from differences in**

### **Trauma formation**

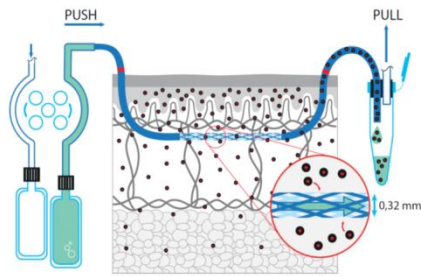
- Application site
- Dosage application
- Probe depth
- Flow rate
- Local blood flow
- Lateral diffusion and cross-talk
- Systemic absorption and cross-talk

**Standardized by cooling  
after dOFM insertion**

# dOFM *Drug application*

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✓ **Homogeneous drug application by application template**



**Variations may result from differences in**

Trauma formation

**Application site**

**Dosage application**

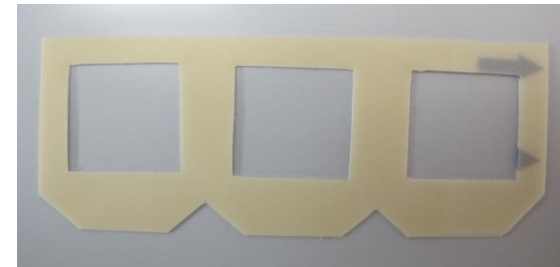
Probe depth

Flow rate

Local blood flow

Lateral diffusion and cross-talk

Systemic absorption and cross-talk



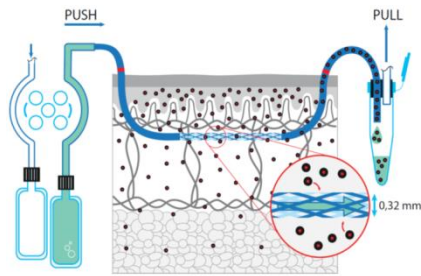
**Standardization by use  
of application template**



## dOFM *Probe depth*

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✓ dOFM probe depth measure for each probe



**Variations may result from differences in**

Trauma formation

Application site

Dosage application

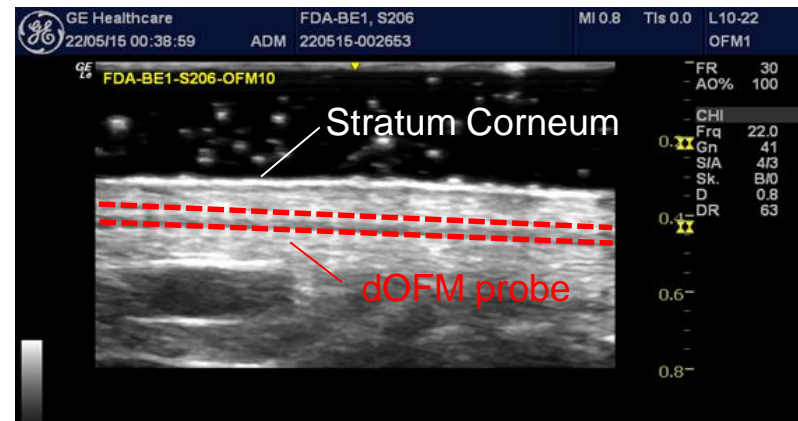
**Probe depth**

Flow rate

Local blood flow

Lateral diffusion and cross-talk

Systemic absorption and cross-talk

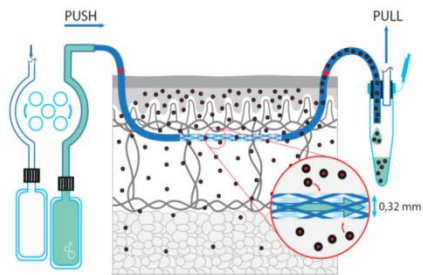


**Total exchange area measured by US**

# dOFM Flow rate

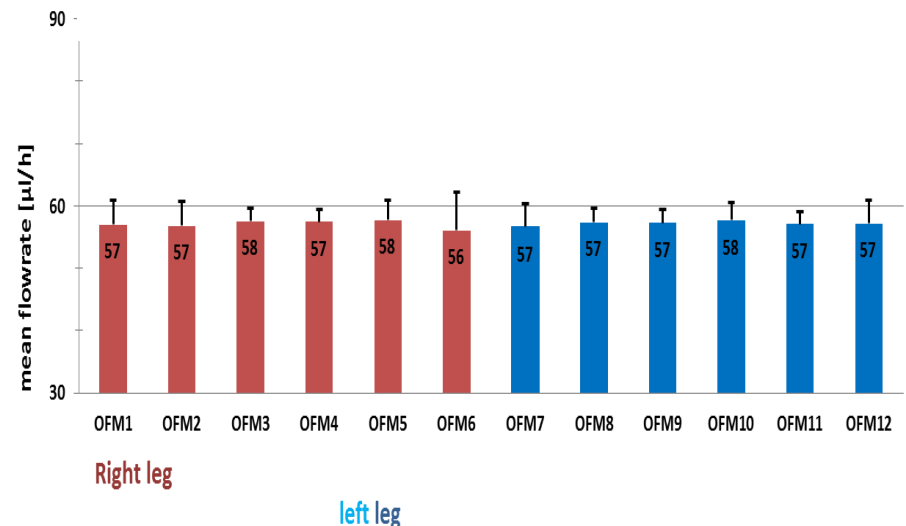
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✓ **Stable flow rate of dOFM probes over 36 hours**



**Variations may result from differences in**

- Trauma formation
- Application site
- Dosage application
- Probe depth
- Flow rate**
- Local blood flow
- Lateral diffusion and cross-talk
- Systemic absorption and cross-talk

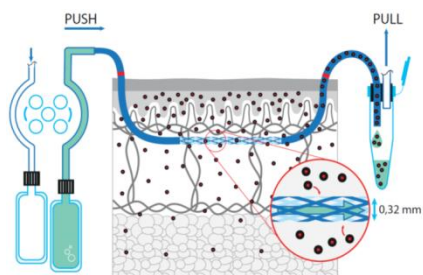


**Flow rates of all probes in one subject**

# dOFM

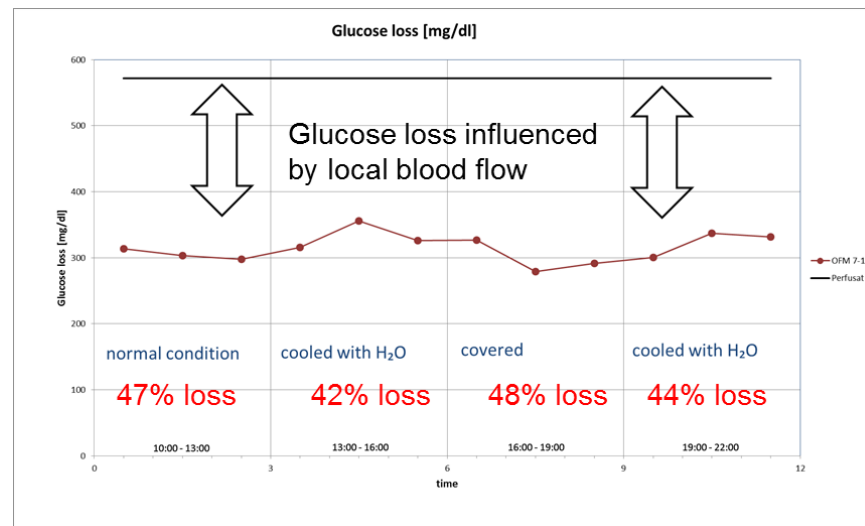
## Local blood flow

✓ **Monitoring of local blood flow by adding internal standard to OFM perfusate**



### Variations may result from differences in

- Trauma formation
- Application site
- Dosage application
- Probe depth
- Flow rate
- Local blood flow**
- Lateral diffusion and cross-talk
- Systemic absorption and cross-talk



### Local blood flow by loss of glucose from dOFM perfusate

# dOFM

## Systemic adsorption and cross-talk

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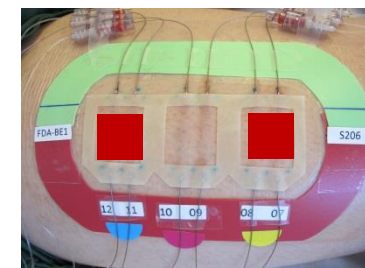
✓ **No systemic exposure and thus no influence on PK at dOFM site**

### Test for Systemic Exposure

- $R = \frac{|\#Blood\ Samples > LLOD|}{|\#Total\ Blood\ Samples|}$
- Definition: no systemic exposure if  $R < 0.05$

### Methodology

- 6 subjects, 6 application sites
- 10,000 bootstrap estimates were computed
- creation of confidence interval for the true population value of the test statistic R
- a one-sided 95% confidence interval was constructed



US Zovirax  
Extremely high dose  
of 50 mg/cm<sup>2</sup>

### Results

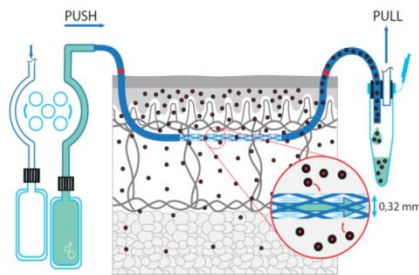
MIN	MEDIAN	P90	P95	P99	MAX
0	0.012821	0.025641	0.038462	0.051282	0.064103

# dOFM

## Controlled or Monitored Parameters

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✓ **Highly controlled set-up developed – is a pre-requisite for validated set-up!!**



### Variations may result from differences in

- |                                    |   |                                    |
|------------------------------------|---|------------------------------------|
| Trauma formation                   | → | Controlled by cooling              |
| Application site                   | → | Controlled by application template |
| Dosage application                 | → | Controlled by standardization      |
| Probe depth                        | → | Monitored by ultrasound            |
| Flow rate                          | → | Monitored by sample weight         |
| Local blood flow                   | → | Monitored by glucose marker        |
| Lateral diffusion and cross-talk   | → | Negligible                         |
| Systemic absorption and cross-talk | → | No systemic exposure               |

# Clinical Bioavailability

## *Clinical BE Study*

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Overall AIM: Investigate the capability of dOFM to address BE and non-BE of topical formulations in-vivo.

### Overview Clinical Studies:

- 20 healthy subjects
- Reference: Zovirax<sup>®</sup> US
- Test: Aciclovir-A1 Pharma Austria
- 2 application-triplets per subject
- 15 mg/cm<sup>2</sup> drug application
- 36 hours dOFM sampling time



# dOFM Clinical Study Details

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- ✓ **Test and Reference are both 5% acyclovir creams but NON-Q1**
- ✓ **IVRT: identical release R:R and non identical release T:R**

Zovirax (R) (USA)	Aciclovir-1A (Austria)
Water	Water
Propylene glycol	Propylene glycol
Mineral oil	Viscous Paraffin
White petrolatum	White Vaseline
Cetostearyl alcohol	Cetyl alcohol
SLS	Not disclosed
Poloxamer 407	Not disclosed
Not disclosed	Dimethicone
Not disclosed	Glyceryl Mono Stearate
Not disclosed	Polyoxyethylene stearate

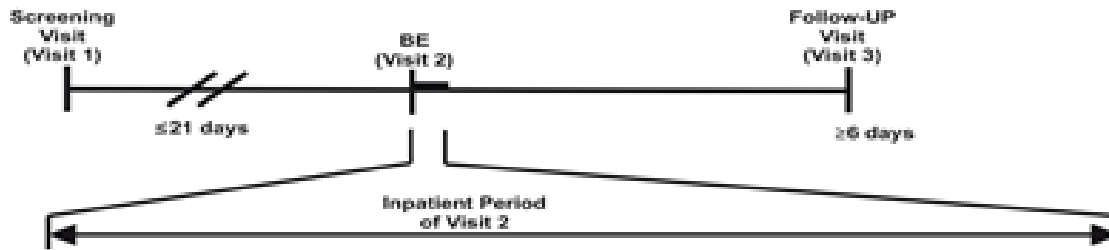
**Non-Q1**

Equivalence comparison	Computed confidence interval	
	Lower Limit	Upper Limit
Zovirax cream 5% US v. Zovirax cream 5% US	85.7	103.02
Zovirax cream 5% US v. Aciclovir 1A Pharma Cream 5%	16.27	19.60

**Acceptance limits: [75%, 133.33%]**

# dOFM Clinical Study Details

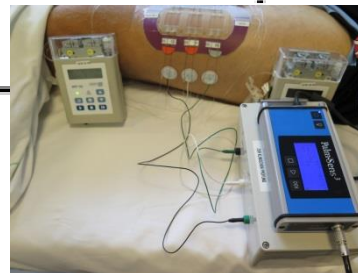
## ✓ Clinical BE study design



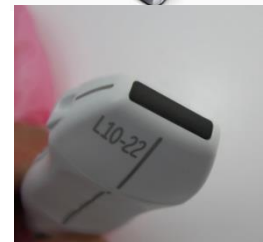
Application of API



TEWL by Aquaflex AF200



Impedance by JOANNEUM



Ultrasound GE-Healthcare

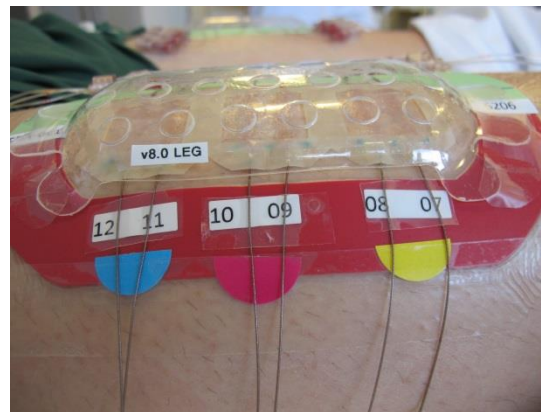
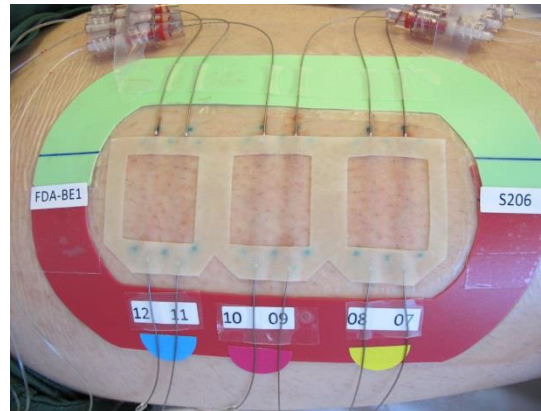
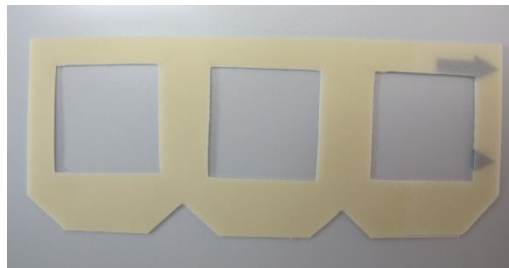
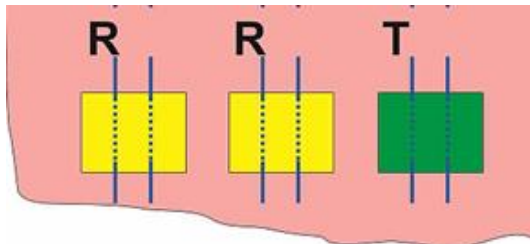
CRU Discharge

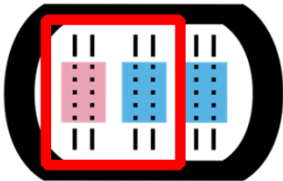


# Clinical Bioavailability *Clinical BE Study*

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✓ All procedures are standardized by using templates and SOPs



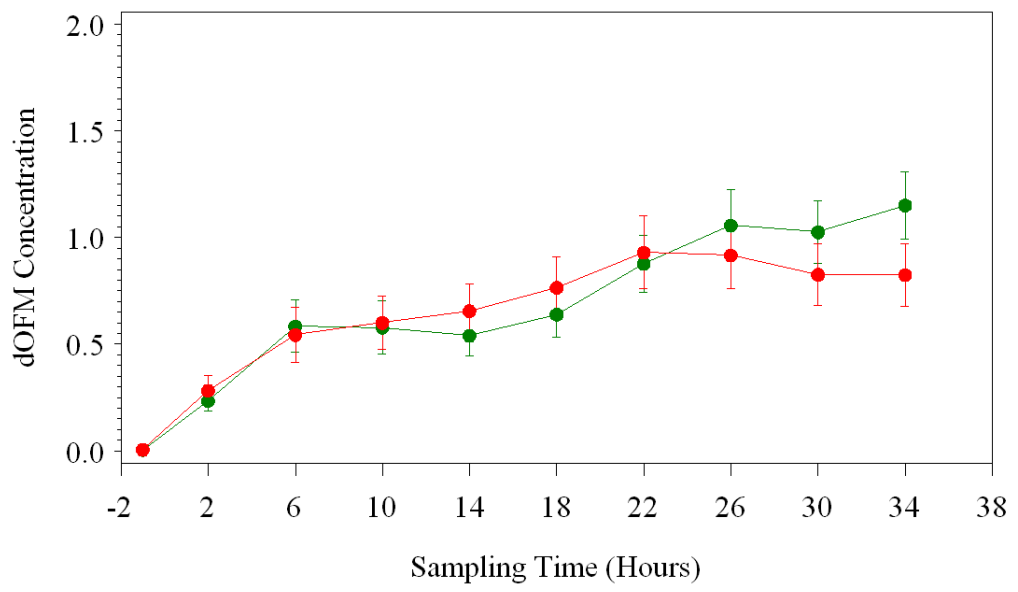


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# Clinical Bioavailability *Test versus Reference*

✓ **Bioavailability: AUC and  $T_{max}$  of Aciclovir A1 are highly reproducible**  
**AUC and  $T_{max}$  of Zovirax US are highly reproducible**

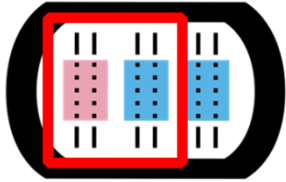
dOFM acyclovir concentrations as a function of time  
Mean +/- SE (across all limbs)



Condition — Central reference condition — Test condition

20 healthy subjects





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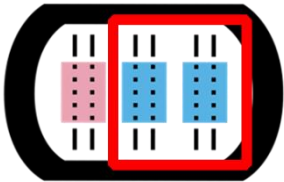
# Clinical Bioavailability *Test versus Reference*

- ✓ BA is different for Aciclovir 1A vs Zovirax US based on AUC
- ✓ BA is different for Aciclovir 1A vs Zovirax US based on  $C_{max}$

Outcome variable	$CI_{90\%}$	BE-limits	$CI_{90\%}$ within BE-limits
log(AUC <sub>0-36h</sub> )	[-0.369 ; 0.050]	[-0.223 ; 0.223]	x Failed
	or [69.1 % ; 105.2 %]		
log( $C_{max}$ )	[-0.498 ; 0.022]	[80% ; 125%]	x Failed
	or [60.8 % ; 102.2%]		

BA is tested for the difference of the log-transformed outcome variables (AUC,  $C_{max}$ ) between test and reference condition

BA is established if  $CI_{90\%}$  falls within the limits of  $\log(0.8)=-0.223$  and  $\log(1.25)=0.223$  (cf. FDA Guidance For Industry)

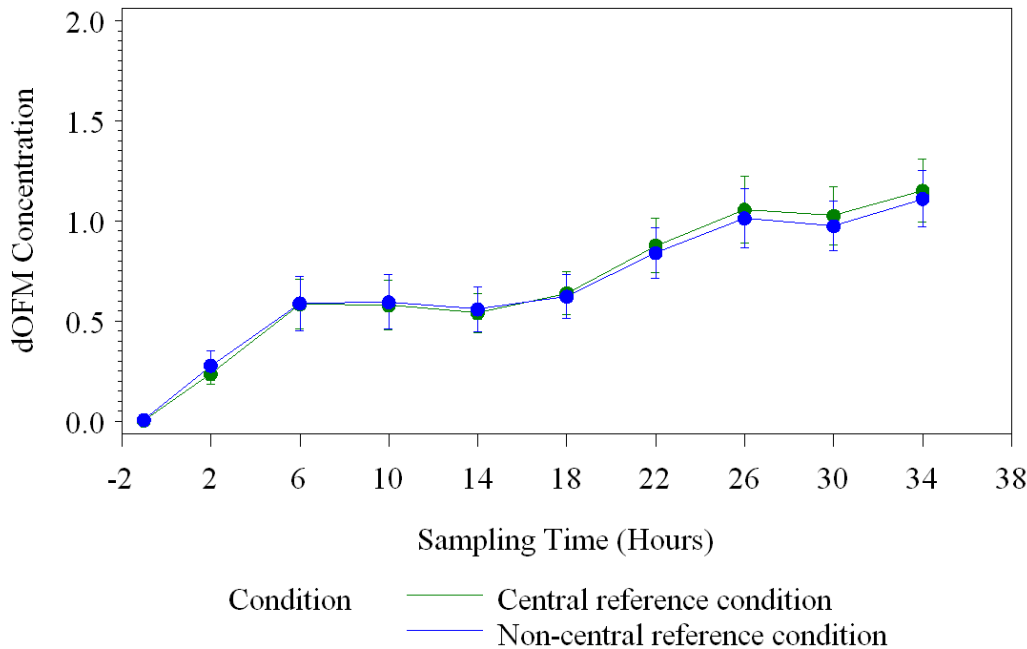


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# Clinical Bioavailability *Reference versus Reference*

✓ **Bioavailability: AUC and  $C_{max}$  of Zovirax US are highly reproducible**

dOFM acyclovir concentrations as a function of time  
Mean +/- SE (across all limbs)



20 healthy subjects



“Open Flow Microperfusion as a Dermal Pharmacokinetic Approach to Evaluate Topical Bioequivalence”  
**Clin. Pharmacokinet. 8/2016 – OPEN ACCESS**

# Clinical Bioavailability *Reference versus Reference*

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- ✓ **Same BA for Zovirax US vs Zovirax US based on AUC**
- ✓ **Same BA for Zovirax US vs Zovirax US based on  $C_{max}$**

Outcome variable	$CI_{90\%}$	BE-limits	$CI_{90\%}$ within BE-limits
log(AUC <sub>0-36h</sub> )	[-0.148 ; 0.162]		<b>passed</b>
	or [86.2 % ; 117.5 %]	[-0.223 ; 0.223]	
log( $C_{max}$ )	[-0.155 ; 0.190]	or [80% ; 125%]	<b>passed</b>
	or [85.7 % ; 120.9%]		

BA is tested for the difference of the log-transformed outcome variables (AUC,  $C_{max}$ ) between the two reference conditions

BA is established if  $CI_{90\%}$  falls within the limits of  $\log(0.8) = -0.223$  and  $\log(1.25) = 0.223$  (cf. FDA Guidance For Industry)

# Skin penetration insights

## Total variability

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✓ **dOFM has a low total and intra-subject variability**

Total CV<sub>logAUC<sub>cacyc</sub></sub> was **39-44%**

(40-93% Microdialysis Benfeld et al.)

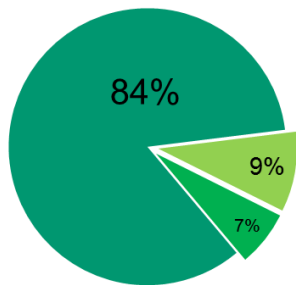
Total variability (ANOVA)

■ Inter-subject variability: 84-91% OFM

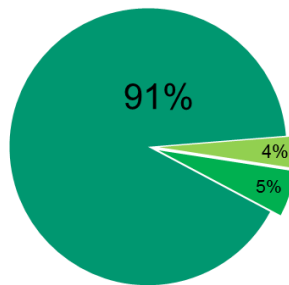
(61% Microdialysis Benfeld et al.)

■ Intra-subject variability: 9-16% OFM

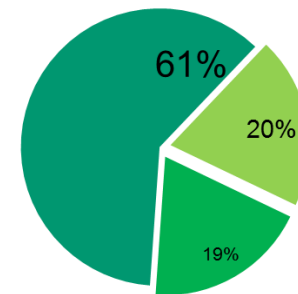
(39% Microdialysis Benfeld et al.)



logAUC Zovirax®



logAUC Aciclovir A1 Pharma



logAUC lidocaine MD (Benfeld et al.)

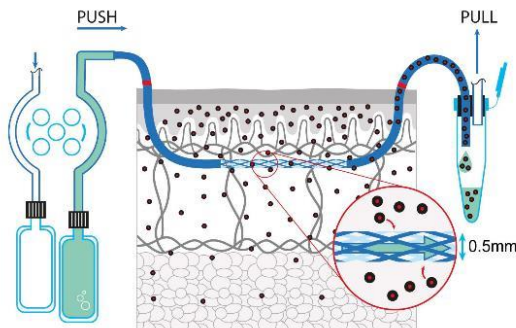
■ subjects  
■ test sites  
■ probes

## Ex-vivo BE

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*Repetition of the in-vivo dOFM BE study in ex-vivo skin*

- Investigate the usability of open flow microperfusion (OFM) for bioequivalence (BE) testing of topically applied drugs in excised human skin explants

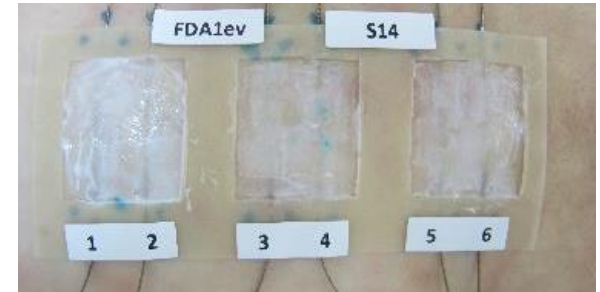
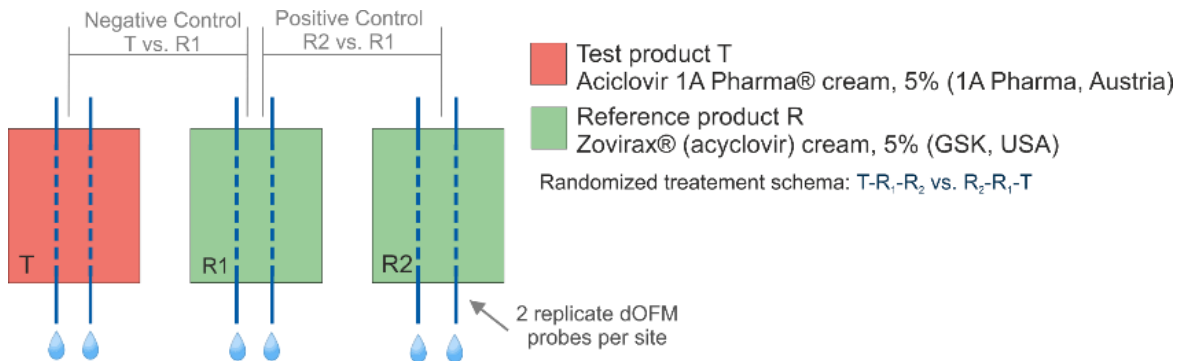


- Measure dermal concentrations of two acyclovir products to assess their PK endpoints AUC and  $C_{MAX}$
- BE evaluations - using the average BE (ABE) and reference-scaled (SABE) statistical approach for following comparisons:
  - a) Positive control: Reference product against itself
  - b) Negative control: Reference product against a non-equivalent test product

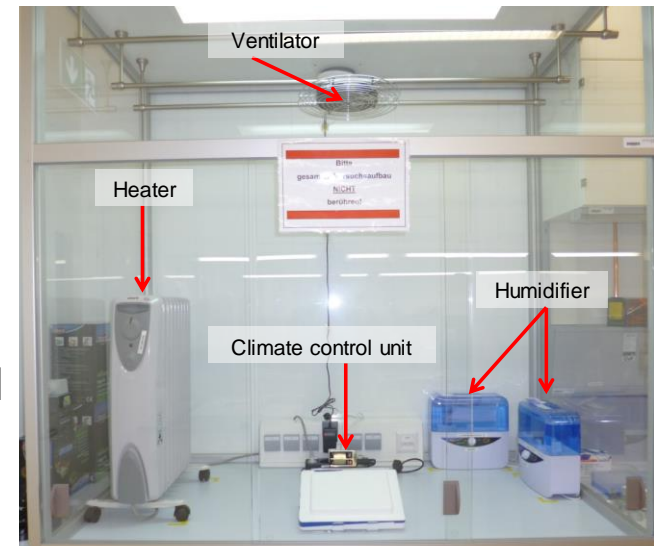
# Ex-vivo BE Study design

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- 40 full-thickness human skin explants (16 donors)
- Topical application of two 5% acyclovir cream (15 mg/cm<sup>2</sup>):



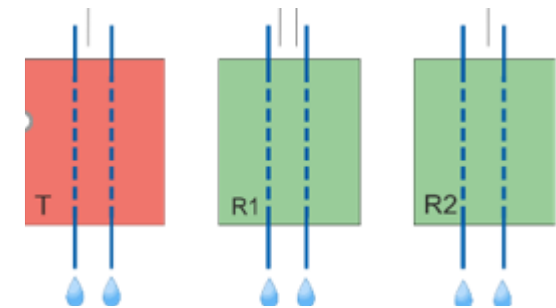
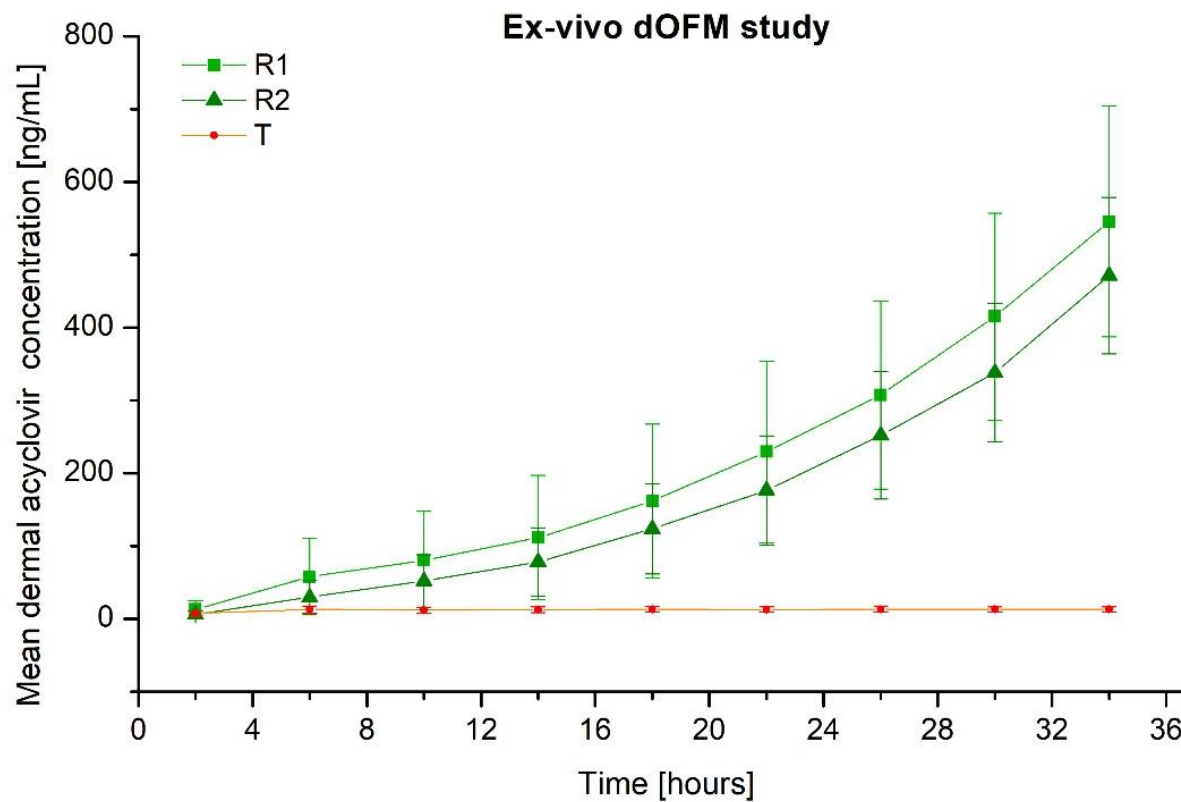
- Continuous ISF sampling
  - T= -1–0 h: Baseline sampling from -1 - 0 h
  - T= 0 h: Topical application
  - T= 0–36 h: Post dose sampling in 4 h intervals
- Controlled environmental conditions: 22±1°C, 40-60% RH
- Bioanalytical method: UHPLC-MS for quantification of acyclovir in ISF samples





# Ex-vivo BE Concentration-time profiles

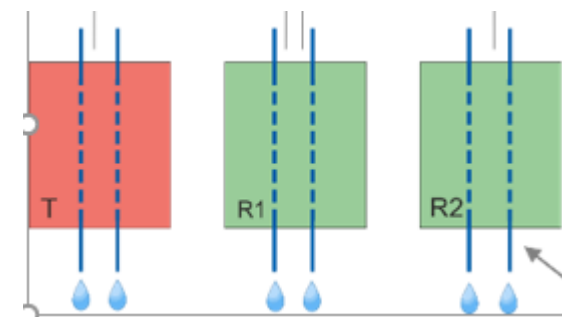
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# Ex-vivo BE BE Evaluations

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<b>SABE</b>	<b>PK endpoint</b>	<b>S<sub>WR</sub></b>	<b>Upper 95% bound of the scaled CI</b>	<b>GMR</b>	<b>Passed</b>
Positive control (R1 vs. R2)	AUC <sub>0-36h</sub>	0.68	-0.159	1.1771	✓
	C <sub>max</sub>	0.60	-0.094	1.1918	
Negative control (T vs. R1)	AUC <sub>0-36h</sub>	0.68	8.989	0.0764	✗
	C <sub>max</sub>	0.60	16.050	0.0293	



# Pharmacokinetics-Based dOFM

## Summary

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### dOFM in-vivo

- Is a reproducible, accurate and sensitive method
- Shows very low method-variability
- Reflects in-vivo skin penetration in dermis
- Gives advanced skin penetration insights
- Is able to investigate BE on a dermato-pharmacokinetic basis

**➔ BE OFM set-up will be further optimized to a universal dermato-pharmacokinetic-based BE approach for topical drugs by carrying out more clinical studies**

# dOFM Bioequivalence *Outlook*

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dOFM Study 1: Moderate Lipophilic/Protein Bound Drugs (low amount, non-occlusive, infinite dose)

- Pilot: Assess parameters for the design of the subsequent BE study (n=6) ✓
- Main study: Identify influencing factors (n=20) – planned spring 2019

dOFM BE Study 2: Moderate Lipophilic/Protein Bound Drugs (high amount, occlusive, finite dose)

- Pilot: Assess parameters for the design of the subsequent study (n=6) ✓
- Clearance study: assess systemic drug clearance (n=6) – planned summer 2019
- Main study: Identify influencing factors (n=20) – planned summer 2019

dOFM BE Study 3: Highly Protein Bound Drug

- Pilot: Assess parameters for the design of the subsequent study (n=6) – planned for autumn 2019
- Main study: BE study (n=20) – planned for winter 2019

→ Show the potential of OFM as a universal tool for BE Studies for topical drugs

# A big thanks to...

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Clinical dOFM BE Study



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BE Consultant Expert



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FDA Project Officer



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Statistics



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**Youngsook Lee**  
**Lisa Ko**  
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**and other....**

# Thank you for your attention

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