

Clinical Pharmacokinetic Evaluation of Dermal Bioavailability and Bioequivalence

Or: Please Don't Ignore How Skin PK&PD May Reduce Your Topical Drug Development Risk

AAPS Workshop on Dermatological Drug Products—Developmental and Regulatory Considerations

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Clinical BE of Topical Acyclovir Products

Summary

Tissue Specific PK and PD: Target Tissue Matters!

Tissue Specific PK & PD



The Target Environment Does Matter!



Does blood really reflect your drug's PK/PD in the dermis?





Tissue Specific PK & PD









The Target Environment Does Matter!

If you want to develop a snow tire and your company is only situated in the Sahara Dessert.

Would you explore the prototype in the dessert?

Or shouldn't you take the effort to go to Norway in winter time?



Skin Biopsy

1. Pros

- I. Easy procedure
- II. Allows approximation of drug concentration
- III. Allows approximation of drug effect



2. Cons

- I. Only sum of intra- and intercellular drug concentration accessible
- II. No PK profile: only one time point per biopsy
- III. Risk of cross-contamination
- IV. Metabolism may not reflect in vivo situation
- V. Insufficient time resolution for real PK in clinical setting

Open Flow Microperfusion:

An Introduction



OFM Introduction



Continuous dermal sampling working principle





Open Flow Microperfusion an introduction

✓ OFM samples represent <u>diluted but unfiltered</u> interstitial fluid





CE-certified for clinical use



Open Flow Microperfusion

✓ All drugs are accessible in-vivo in the dermis



lipophilic substances

Bodenlenz et al. 2016 (CP-17; logP 3.5) Holmgaard et al. 2011 (Fentanyl; logP 4.5)

high molecular weight

substances (up to cells)

Dragatin et al. 2016 (Quantification of antibodies in skin) Kolbinger et al. 2016 (Cytokines in the skin in healthy & patients)



Open Flow Microperfusion

✓ dOFM shows dose dependent dermal AUC profiles



OFM Introduction



OFM and MD application range

Substance / Drugs …	MD	OFM
small	YES	YES
hydrophilic(small)	YES	YES
larger + large	YES & NO	YES
lipophilic (super lipophilic)	NO	YES
protein-bound	NO	YES
(nano)carrier / cells	NO	YES

MD: membrane, nm-µm pores



100 μm

OFM: 100 µm open exchange areas



MD: PK/PD of small and hydrophilic substances OFM: PK/PD of ANY substance independent of size and lipophilicity

Translational:

Link Pre-Clinical to Clinical Results





Link pre-clinical to clinical results Identical method – different models





Preclinical Proof of Concept mode of action of your API in-vivo

Case Study (Sanofi Genzyme)²



ntrol cream-treated skin, Day







in-vivo effect of API on cytokine and immune cell level

² unpublished results: from Genzyme: Thomas Hultsch, Kyriakos <u>Economides</u>, Arun.Subramaniam



Preclinical Proof of Concept mode of action of your API in-vivo

Case Study (Sanofi Genzyme)²



Data are mean \pm SE, n=6; 8 days of treatment

IMQ: Imiquimod; DEX: Dexamethasone

IMQ-Rat Model is an in-vivo model for psoriatic inflammation

² unpublished results: from Genzyme: Thomas Hultsch, Kyriakos <u>Economides</u>, Arun.Subramaniam





Preclinical Proof of Concept mode of action of your API in-vivo



This psoriasis animal model allows PK and PD investigations

unpublished results

New Chemical Entity:

Clinical Proof of Mode of Action





OFM PK/PD of an Antibody Drug: Case Study Secukinumab

Background and Objectives

- Secukinumab, a fully human monoclonal antibody that selectively targets IL-17A, has demonstrated efficacy in phase 3 trials, within 16 weeks of initiation of treatment.
- The objective of this exploratory, single-center, open-label study (NCT01539213) was to further characterize the mechanism of action of secukinumab in the skin in
 - 8 healthy volunteers (Part 1)
 - 8 plaque psoriasis patients (Part 2)

OFM was performed on Day 1, 8 and 15 in Part 1 and 2



OFM PK/PD of an Antibody-Drug: Case Study Secukinumab

Primary Aim

Absolute quantification of secukinumab in the dermis of healthy volunteers and psoriatic patients.

Secondary Aims

- Investigate if postulated signaling pathways are different in healthy and psoriatic patients in dermis ⇒ IL17a pathway.
- Investigate postulated mode of action ⇒ down stream IL17a marker.
- Investigate drug effect on a protein level ⇒ mediator for keratinocyte proliferation and angiogenesis and keratinocyte mobility.



OFM

PK of an Antibody-Drug: Case Study Secukinumab

Primary Aim: Absolute quantification of secukinumab in the dermis of healthy volunteers and psoriasis patients

Serum and Dermal Secukinumab Levels (µg/mL, mean ± SD)						
Healthy Volunteers (n = 8)						
Serum Dermal ISF ^{a,b} Skin biopsy ^c Bliste				Blister fluid		
Day 8	Day 15	Day 8	Day 15	Day 15	Day 15	
36.1 ± 10.5	35.0 ± 10.5	7.76 ± 1.30	8.02 ± 3.23	10.40 ± 3.97	6.89 ± 2.26	

Dermal ISF concentrations ~22% of serum

• Dermal concentration by OFM, blister fluid, biopsies are comparable.



OFM

PK of an Antibody-Drug: Case Study Secukinumab

Primary Aim: Absolute quantification of Secukinumab in dermis in healthy volunteers and psoriatic patients

Serum and Dermal Secukinumab Levels (µg/mL, mean ± SD)								
	Psoriatic Subjects (n = 8)							
Serum Dermal ISF ^{a,b}								
			Day 8 Day 15					
Day o	Day 15	L	NL	L	NL			
21.1 ± 4.3	21.2 ± 4.9	6.76 ± 2.68	8.34 ± 3.35	5.65 ± 1.80	6.39 ± 3.35			

- Dermal ISF concentrations are 28-39% of serum concentration.
- Dermal ISF concentrations on day 8 and day 15 are similar.



OFM PD of an Antibody-Drug: Case Study Secukinumab

Secondary Aim: Investigate that postulated signaling pathways are different in healthy volunteers and psoriatic patients in dermis - IL17a pathway



IL-17A, but not IL-17F, is significantly higher in psoriatic lesional skin compared with non-lesional skin or skin of healthy volunteers.



OFM

PD of an Antibody-Drug: Case Study Secukinumab

Secondary aim: Investigate postulated mode of action - downstream IL17a marker



ß-defensin-2 protein levels are elevated in psoriatic lesional skin and serum and decrease rapidly in response to secukinumab treatment.



OFM

PK/PD of an Antibody-Drug: Case Study Secukinumab

Conclusions on Pharmakokinetics

- Substantial levels of secukinumab are observed in skin suggesting the potential for local action.
- Secukinumab ISF distribution into psoriasis lesional and non-lesional skin is similar and is higher than ISF distribution in healthy control skin.

Conclusions on Pharmakodynamics

- Key molecular factors and processes implicated in the pathophysiology of psoriasis were positively impacted in psoriatic skin within 7 days of treatment.
- Secukinumab concentration in skin is sufficient to neutralize IL-17a in psoriatic skin
- Secukinumab affected the expression of a number of pro-inflammatory cytokine.

In Vivo Dermal Open Flow Microperfusion:

A Novel Approach to Evaluate Topical Bioavailability and Bioequivalence

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Dermal Open Flow Microperfusion Vision

FDA approval for topical generic drugs - with some exceptions - requires a

Comparative Clinical Endpoint Bioequivalence Study

Vision: Using dOFM for PK-based Bioequivalence Studies





Skin PK-based BE approaches using dOFM

Strengths

- 1. Provide a direct in-vivo measurement of the rate and extent of the active moiety at or near the site of action in the skin.
- 2. Evidence indicates that dermal sampling has the potential to differentiate pharmacokinetic profiles by their magnitude.

Challenges

- 1. Limitations of existing sampling methods
 - → no limitation as dOFM samples diluted ISF
- 2. Limited sampling time, often < 8 hours
 - \rightarrow no limitation as dOFM samples up to 48 hours

3. High variability of skin PK data

 \rightarrow optimization of dOFM during the project



Clinical Bioavailability Overall Approach

Overall AIM: Investigate the capability of dOFM to address BE and non-BE of topical formulations in-vivo.

- Head-to-head comparison within one subject to minimize inter-subject effect on BE.
- Use application-triplets with
 - two separate application sites for reference product
 - one application site for a non-Q1 product
- Healthy subjects with intact skin integrity for best discrimination of formulations.
- Use a drug for which skin PK was never successfully monitored in healthy subjects.



→ for BE → for non-BE



dOFM Controlled or Monitored Parameters

Controlling all significantly contributing factors which add data variability - or at least monitoring them.



Variations may result from differences in

- Hairiness
- Hair shaving
- Sweat duct
- Skin barrier (stratum corneum) properties
- Skin care products use
- Skin condition (e.g. Solarium)
- Room temperature and humidity

- ➔ not controlled
- → subjects are shaved 5 days before dOFM visit
- ➔ not controlled
- → monitored by TEWL and Impedance
- ➔ not allowed 5 days before dOFM visit
- → visual check at screening visit
- \rightarrow controlled at 22 \pm 1° C ; 40 60% rel. humidity



dOFM Controlled or Monitored Parameters

Controlling all significantly contributing factors which add data variability - or at least monitoring them.

Variations may result from differences in

Trauma formation Application site Dosage application Probe depth Flow rate Local blood flow Lateral diffusion and cross-talk Systemic absorption and cross-talk





dOFM Trauma formation

✓ Minimized trauma formation by cooling.



Variations may result from differences in

Trauma formation

Application site Dosage application Probe depth Flow rate Local blood flow Lateral diffusion and cross-talk Systemic absorption and cross-talk



Standardized by cooling after dOFM insertion



dOFM Drug application

✓ Homogeneous drug application by using an application template.



Variations may result from differences in

Trauma formation Application site Dosage application Probe depth Flow rate Local blood flow Lateral diffusion and cross-talk Systemic absorption and cross-talk





Standardized by use of application template and Standardized application (mg/cm²)

dOFM Optimization



dOFM Probe depth

✓ dOFM probe depth measurement for each probe.



Variations may result from differences in

Trauma formation Application site Dosage application **Probe depth** Flow rate Local blood flow Lateral diffusion and cross-talk Systemic absorption and cross-talk



Depth of exchange area measured by ultrasound

dOFM Optimization



dOFM Flow rate

✓ Stable flow rate of dOFM probes over 36 hours.



Variations may result from differences in

Trauma formation Application site Dosage application Probe depth **Flow rate** Local blood flow Lateral diffusion and cross-talk Systemic absorption and cross-talk

Flow rates of all probes in one subject



dOFM Optimization



dOFM Local blood flow

✓ Monitoring local blood flow by internal standard in OFM perfusate.



Variations may result from differences in

Trauma formation Application site Dosage application Probe depth Flow rate **Local blood flow** Lateral diffusion and cross-talk Systemic absorption and cross-talk

Local blood flow monitoring by loss of glucose from dOFM perfusate





dOFM Lateral diffusion and cross-talk

✓ Lateral diffusion for acyclovir is negligible.

Lateral Diffusion between adjacent application sites

- $R = \frac{|\#dOFM Samples BLANC SITES>LLOD|}{|\#dOFM Samples US ZOVIRAX SITES>LLOD|}$
- Definition: no lateral diffusion if R < 0.05

Methodology

- results from all 6 subjects of phase 1
- 10,000 bootstrap estimates were computed



US Zovirax Very high dose of 50 mg/cm²

- creation of confidence interval for the true population value of the test statistic R
- a one-sided 95% confidence interval was constructed

Results

MIN	MEDIAN	P90	P95	P99	MAX
.007633588	0.076336	0.10853	0.11831	0.13492	0.18248



dOFM Systemic absorption and cross-talk

✓ No systemic exposure and thus no influence on PK of dOFM site.

Test for Systemic Exposure

 $R = \frac{|\#Blood Samples > LLOD|}{|\#Total Blood Samples|}$

Definition: no systemic exposure if R < 0.05

Methodology

- 6 subjects, 6 application sites
- 10,000 bootstrap estimates were computed
- creation of confidence interval for the true population value of the test statistic R
- a one-sided 95% confidence interval was constructed

Results

MIN	MEDIAN	P90	P95	P99	MAX
0	0.012821	0.025641	0.038462	0.051282	0.064103



US Zovirax Very high dose of 50 mg/cm²



dOFM Quality management systems

✓ High quality standards are key to reliable skin PK studies.





dOFM Controlled or Monitored Parameters

✓ Highly controlled set-up has been developed.



Variations may result from differences in

Trauma formation	→	Controlled by cooling
Application site	→	Controlled by application template
Dosage application	→	Controlled by standardization
Probe depth	→	Monitored by ultrasound
Flow rate	→	Monitored by sample weight
Local blood flow	→	Monitored by glucose marker
Lateral diffusion and cross-talk	→	Negligible
Systemic absorption and cross-talk	→	No systemic exposure



Comparative IVRT study Investigated drugs

✓ All investigated 5% acyclovir creams.

- Reference product Zovirax cream 5% (GSK, U.S.) was compared against itself and six test products:
 - Zovirax cream 5% (GSK, Vienna, Austria)
 - Zovirax ointment 5% (GSK, U.S.)
 - Aciclostad 5% (STADA, Austria)
 - Aciclovir 1A Pharma Cream 5% (1A Pharma, Austria)
 - Antiviral cold Sore cream 5% (Boots, UK)
 - Zovirax cold Sore cream 5% (GlaxoSmithKline, Brentford, UK)
- Statistical method: Mann-Whitney U test according to USP general chapter <1724>





Comparative IVRT study Apparatus qualification

✓ IVRT apparatus qualification was passed successfully.

	ACC	CEPTANCE CRITERIA	RESULTS		
PARAMETER	Intercell Variability		Range of		
	(Precision)	Accuracy	variation V	Mean	Pass
Volume of the cells	V ≤0.48 mL ¹⁾	$\bar{x}_i \in [12 + 0.6 mL, 12 - 0.6 mL]$	0.33 mL	9.77 mL	No
		for $1 \le i \le 6^{4}$			
Diameter of the orifice	V <0 45 mm ²⁾	$\bar{x}_i \in [15 + 0.75 mm, \qquad 15 - 0.75 mm]$	0.05 mm	15.01 mm	Yes
Diameter of the office	V 20.45 mm	for $1 \le i \le 6^{4}$	0.05 mm	13.01	105
Temperature of the		$\bar{x}_i \in [32 + 1 ^{\circ}C, \qquad 32 - 1 ^{\circ}C]$			
receptor medium	-	for $1 \le i \le 6$	0.23 °C	31.98°C	Yes
Speed of the magnetic		$\bar{x}_i \in [600 + 60 rpm, \qquad 600 - 60 rpm]$		597.98	
stirrer	V ≤ 12 rpm ³⁾	for $1 \le i \le 6^{5}$	1.77 rpm	rpm	Yes
Dispensed sampling		$\bar{x}_i \in [500 + 15 \mu L, \qquad 500 - 15 \mu L]$			
volume	-	for $1 \le i \le 6^{3}$	10.76 μL	492.40 μL	Yes

IVRT: drug selection



"A Comprehensive Approach to Qualify and Validate the Essential Parameters of an In Vitro Release Test (IVRT) Method for Acyclovir Cream, 5%" – published online Tiffner et al. International Journal of Pharmaceutics – OPEN ACCESS

Comparative IVRT study IVRT method validation

✓ IVRT method validation for acyclovir was passed successfully.

Parameter	Acceptance Criteria	Passed
Membrane Inertness	No acyclovir binding on the membrane: Recovery of 105.5%	1
Receptor medium solubility	Solubility > 10 times higher than the maximum acyclovir concentration in the receptor medium observed during the IVRT study	1
Linearity	Lowest R ² : 0.97, no outlier	1
Precision and Reproducibility	Inter-run variability 5.8%; intra-run variability 4.4%	1
Sensitivity	Mean release rate increased with increasing acyclovir concentration	1
Specificity	Linear regression model (release rate versus product concentration) R ² =0.943	1
Selectivity	IVRT method accurately identify in-equivalent and equivalent acyclovir products	1
Robustness	Release rate for temperature and stirring speed variation deviate < 15%	1
Recovery	< 10%; no excessive acyclovir depletion	1









Comparative IVRT study Results

✓ IVRT identified different drug release rates.





dOFM Clinical Study Details

✓ Test and Reference are both 5% acyclovir creams but NON-Q1 ✓ IVRT: identical release R:R and non identical release T:R

Zovirax (R) (USA)	Aciclovir-1A (Austria)
Water	Water
Propylene glycol	Propylene glycol
Mineral oil	Viscous Paraffin
White petrolatum	White Vaseline
Cetosteary alcohol	Cetyl alcohol
SLS	Not disclosed
Poloxamer 49	Not disclosed
Not disclosed	Dimethicone
Not disclosed	Glyceryl Mono Stearate
Not disclosed	Polyoxyethylene stearate

Equivalence comparison	Computed inte	confidence rval
	Lower Limit [%]	Upper Limit [%]
Zovirax cream 5% US v. Zovirax cream 5% US	85.7	103.02
Zovirax cream 5% US v. Aciclovir 1A Pharma Cream 5%	16.27	19.60

Acceptance limits: [75%, 133.33%]



Clinical Bioavailability Clinical BE Study

Overall AIM: Investigate the capability of dOFM to address BE and non-BE of topical formulations in-vivo.

Overview Clinical Studies:

- 20 healthy subjects
- Reference: Zovirax[®] US
- **T**est: Aciclovir-1A Pharma Austria
- 2 application triplets per subject
- 15 mg/cm² cream application
- 36 hours dOFM sampling time





dOFM Clinical Study Details

✓ Highly standardized clinical BE study design.





Clinical Bioavailability Clinical BE Study

✓ All procedures are standardized by using templates and SOPs.















Clinical Bioavailability Test versus Reference

✓ Bioavailability: AUC and T_{max} of Aciclovir 1A are highly reproducible AUC and T_{max} of Zovirax US are highly reproducible

dOFM acyclovir concentrations as a function of time Mean +/- SE (across all limbs)



20 healthy subjects







Clinical Bioavailability Test versus Reference

✓ BA is different for Aciclovir 1A vs Zovirax US based on AUC ✓ BA is different for Aciclovir 1A vs Zovirax US based on C_{max}

Outcome variable	Cl _{90%}	BE-limits	Cl _{90%} within BE-limits
log(AUC0-36h)	[-0.369 ; 0.050] or [69.1 % ; 105.2 %]	[-0.223 ; 0.223]	x Failed
log(C _{max})	[-0.498 ; 0.022] or [60.8 % ; 102.2%]	[80% ; 125%]	x Failed

BA is tested for the difference of the log-transformed outcome variables (AUC, C_{max}) between test and reference condition

BA is established if $CI_{90\%}$ falls within the limits of log(0.8)=-0.223 and log(1.25)=0.223 (cf. FDA Guidance For Industry)





Clinical Bioavailability Reference versus Reference

✓ Bioavailability: AUC and C_{max} of Zovirax US are highly reproducible.





20 healthy subjects



JOANNEUM RESEARCH

"Open Flow Microperfusion as a Dermal Pharmacokinetic Approach to Evaluate Topical Bioequivalence"

Bodenlenz et al. Clin. Pharmacokinet. 2017 doi: 10.1007/s40262-016-0442-z.- OPEN ACCESS

Clinical Bioavailability Reference versus Reference

✓ Same BA for Zovirax US vs Zovirax US based on AUC ✓ Same BA for Zovirax US vs Zovirax US based on C_{max}

Outcome variable	Cl _{90%}	BE-limits	Cl _{90%} within BE-limits
log(AUC0-36h)	[-0.148 ; 0.162] or [86.2 % ; 117.5 %]	[-0.223 ; 0.223]	passed
log(C _{max})	[-0.155 ; 0.190] or [85.7 % ; 120.9%]	[80% ; 125%]	passed

BA is tested for the difference of the log-transformed outcome variables (AUC, C_{max}) between the two reference conditions

BA is established if $CI_{90\%}$ falls within the limits of log(0.8) = -0.223 and log(1.25) = 0.223 (cf. FDA Guidance For Industry)



Skin penetration insights Total variability

✓ BE study set-up shows low intra-subject variability.

Total CV_{logAUCacyc} was **39% - 44%** Components of total CV (ANOVA):

- Inter-subject variability: 84-91% OFM
- Intra-subject variability: 9-16% OFM

(41% Microdialysis Benfeldt et al.)

(61% Microdialysis Benfeldt et al.)

(39% Microdialysis Benfeldt et al.)



Benfeldt et al., J Invest Dermatol. 2007 Jan;127(1):170-8. Epub 2006 Jul 27



Pharmacokinetics-Based dOFM Summary

dOFM in-vivo

- is a reproducible, accurate and sensitive method.
- shows very low method variability.
- reflects in-vivo skin penetration in dermis.
- gives advanced skin penetration insights.

dOFM in-vivo

- can be used to investigate BE on a pharmacokinetic basis.
- could be a useful tool to conduct clinical bioequivalence studies in a small number of healthy subjects.
- is a potential tool to reduce time and costs of clinical bioequivalnce studies.

This presentation shows the status of our current work and may not represent final conclusions



Clinical Bioavailability *Outlook*

Clinical OFM study A: In-Depth Identification of Influencing Factors of Skin Penetration - Moderate Lipopilic/Protein Bound Drugs

- Pilot (n=6): systemic adsorption and cross-talk; lateral diffusion and cross-talk, sample time for C_{max} and ³/₄ of AUC
- Main study (n=38): investigate BE of (a) RLD to itself, (b) approved generic product to RLD, (c) non-BE product to RLD, (d) BE identify influencing factors

→ Optimization of screening and OFM BE study design

Clinical OFM study B: Standardized BE Study - Highly Protein Bound Drug

- Pilot (n=6): systemic adsorption and cross-talk; lateral diffusion and cross-talk, sample time for C_{max} and ³/₄ of AUC
- Main study (n=20): investigate BE of (a) RLD to itself, (b) approved generic product to RLD, (c) non-BE product to RLD

→ Validate OFM as an universal tool for BE studies for topical drugs



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.



Bernd Tschapeller Data Mangaement



Statistics



Thomas Augsutin



More than 20 other persons

Thomas Birngruber OFM Group Leader





Close Cooperation Joanneum Research - Medical University of Graz







One-Stop-Shop for tissue specific PK and PD







Preclinical facilities Mice, rats, rabbits, pigs, sheep







Clinical Facilities Phase 1-2

- Fully equipped clinical trial center with 12 beds
 Study performance according to GCP
 - Located at the Medical University of Graz





HEALTH

Bioanalytics and Metabolomics

- Located at the Center of Knowledge and Technology Transfer in Medicine ("ZWT") in Graz
- ~ 20 employees of different disciplines: 50% scientists
- High end bioanalytical lab facility of the HEALTH Institute of Biomedicine and Health Sciences





Thank you for your attention

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