





### Steven P. Schwendeman





Department of Pharmaceutical Sciences and the Biointerfaces Institute

University of Michigan

Ann Arbor, MI 48109 USA

# Poly(lactic-co-glycolic acid) (PLGA) for controlled drug delivery

Structure



e.g., PLGA 50/50, m/n = 1 PLGA 75/25, m/n = 3

Mw ~ 10 kDa - 100 kDa

## Advantages

- wide range of properties
- ease of processing and biodegradable
- predictable in vivo degradation kinetics
- used in numerous FDA approved products
- No daily injections
- Control release rate
- Lower systemic toxicity
- Reduce booster doses (vaccines)
- Major configurations of injectable devices





millicylinders ( $\emptyset = 0.8-1.5$  mm)



in-situ forming implants

## **Examples of PLGA microspheres used clinically**

	Name	Company	Disease
Peptides	Sandostatin <sup>©</sup> LAR <sup>©</sup>	Novartis	Acromegaly
N. Ash	Lupron©	ТАР	Prostate and breast cancer
2. 31	Decapeptyl <sup>©</sup> Depot	Ferring	Prostate cancer, endometriosis
	Trelstar <sup>©</sup>	Pfizer	Prostate cancer
- Bernie	Pamorelin ©	Ipsen	Prostate cancer
	Somatuline <sup>©</sup> LA	Ipsen	Acromegaly
	Suprecur MP <sup>©</sup> (Japan)	Mochida	Endometriosis
Proteins	Nutropin Depot®	Genentech	Pediatric GH deficiency
Small	Vivitrol©	Cephalon	Alcoholism
Mol.	Risperidal <sup>©</sup> Consta <sup>©</sup>	Janssen	Schizophrenia
7.7	Arestin©	OraPharma	Peridontal disease
	Parlodel LA©	Sandoz	Parkinson's, acromegaly

Wischke, C.; Schwendeman, S. P., International Journal of Pharmaceutics 2008, 364, (2), 298-327.

# No generic PLGA-based drug products approved by US FDA

American Pharmaceutical REVIEW The Review of American Pharmaceutical Business & Technology

#### FDA's Regulatory Science Program for Generic PLA/ PLGA-Based Drug Products

Wednesday, June 15, 2016

Yan Wang Center for Drug Evaluation and Research Wen Qu Center for Drug Evaluation and Research Stephanie H. Choi Center for Drug Evaluation and Research

"Currently, no PLA/PLGA-based generic drug products have been approved."

FDA

## **Challenges for PLGA science**

- Strong diversity of scientific disciplines needed (polymer chemistry, material science, pharmaceutics, engineering/unit ops, p-chemistry, etc)
- Most research focused on delivering a drug and not understanding mechanism
- Tendency to oversimplify complex physical chemistry (e.g., small vs. large molecular drug, role of microsphere size)
- Shortage of specialized assays and insufficient research equipment in academic labs
- Key development science proprietary (manufacturing, scale up, composition-equivalent formulation)



How is slow release commonly achieved from PLGA? Combination of 3 basic phenomena —

♦ Diffusion

 $\diamond$  Osmotic pressure/swelling

 $\diamond$  Bioerosion when polymer chains become small enough to give way to stresses and/or dissolve

pumping





through the polymer

Erosion





Fredenberg et al., Int. J. Pharm., 415, 34–52 (2011)

Additional mechanisms that influence drug release from PLGA?

3 other phenomena not normally discussed —

♦ Passive healing (i.e., spontaneous pore closing)

Desorption (or decoupling polymer/drug interactions)

♦ Dynamic polymer microstructural changes

## 4 cases of diffusion through non-degradable polymer matrices

- Case 1
  - $C_s > C_d$ ; transport in polymer phase
- Case 2
  - $C_s < C_{d'}$ ; transport in polymer phase

*Case 1:* The drug is molecularly dissolved in the polymer matrix and drug diffusion occurs via a solution-diffusion mechanism.

$$\frac{dM_i}{Adt} = 2c_d \left(\frac{D_{im}}{\pi}\right)^{1/2} t^{-1/2} \quad \text{Early-time solution}$$
(9)

Case 2: The drug is dispersed in the polymer matrix (i.e., it is loaded above its solubility limit) and diffusion occurs via a solution-diffusion mechanism.

$$\frac{dM_i}{Adt} = \frac{1}{2} \left[ D_{im} c_s (2c_d - c_s) \right]^{1/2} t^{-1/2}$$
(10)

(Langer & Peppas, Biomaterials, 1981)

 $C_s$  = drug solub. In polymer  $C_d$  = drug loading (mass/vol.) L = thickness of matrix  $D_{im}$  = drug diffusion coef in polymer

#### Exact solutions

$$\frac{1}{A}\frac{dM}{dt} = \frac{8D_{im}C_d}{L} \sum_{n=0}^{\infty} e^{-D_{im}(2n+1)^2 \pi^2 t/L^2} \qquad (2 \text{ faces})$$

$$\frac{1}{A}\frac{dM}{dt} = C_s \sqrt{\frac{D_{im}t}{\pi}} \frac{1}{erf(\eta^R)}$$

where

$$F\left(\eta^{R}\right) = \left(\frac{C_{d}}{C_{s}} - 1\right)\eta^{R} - \frac{1}{\sqrt{\pi}}\frac{e^{-(\eta^{R})^{2}}}{erf(\eta^{R})} = 0$$

defines the root,  $\eta^{R}$ 

## 4 cases of diffusion through non-degradable polymer matrices

- Case 3
  - $C_s < C_d$ ; transport in pores
- Case 4
  - $C_s > C_d$ ; transport in pores

*Case 3:* The drug is dissolved in the polymer matrix and diffusion occurs through water-filled pores in the matrix

$$\frac{\mathrm{d}M_i}{\mathrm{A}\mathrm{d}t} = 2c_d \left(\frac{D_{iw}\epsilon}{\tau\pi}\right)^{1/2} t^{-1/2} \tag{11}$$

*Case 4:* The drug is dispersed in the polymer matrix and diffusion occurs through water-filled pores in the matrix

$$\frac{\mathrm{d}M_i}{\mathrm{A}\mathrm{d}t} = \frac{1}{2} \left[ \frac{D_{iw}\epsilon}{\tau} c_{sw} (2c_d - \epsilon c_{sw}) \right]^{1/2} t^{-1/2} \tag{12}$$

 $C_s$  = drug solub. In polymer  $C_d$  = drug loading (mass/vol.) L = thickness of matrix  $D_{iw}$  = drug diffusion coef in water  $C_{sw}$  = drug solub in water  $\epsilon$  = matrix porosity  $\tau$  = matrix tortuosity

(Langer & Peppas, *Biomaterials*, 1981)

## Monitoring polymer diffusion of pH-independent dye by LSCM



# Examples of measured and fitted probe concentration profile inside microparticles

time (hr)	$D_{eff}$ (cm <sup>2</sup> /s)		
1.5	$6.7 \pm 2.0 \times 10^{-12}$		
5.0	$6.5 \pm 1.3 \times 10^{-12}$		
11.0	$5.7 \pm 1.2 \times 10^{-12}$		



(Kang & Schwendeman, Macromolecules, 2003)

# Kinetics of Bodipy effective diffusivity and predictability of Dye release



(Kang & Schwendeman, Macromolecules 2003)

## Release by diffusion with loading >> percolation threshold

#### Rationale:

- If diffusion in polymer is much more rapid than polymer degradation, get cases 1 or 2
- If use very high loading >> percolation threshold, then get cases 3 or 4



PLA, Mv = 32.6 kD

<sup>(</sup>Zhang et al., J. Cont. Rel., 1994)



## **Burst release of octreotide** from PLGA microspheres

- Observations
  - Initial pores, pore creation, and swelling
  - floating microspheres allowed contrast of time frames
  - pore closing with loss of permeability





(Wang *et al.*, *J. Cont. Rel.*, 2002)

Fig. 6. Overview of external morphology of octreotide acetate-loaded PLGA biodegradable microspheres after 0-h (A), 1-h (B), 5-h (C) and 24-h (D) incubation times in the release medium at  $500 \times$  magnification by SEM.

# Pore network for diffusion during release not static

Polymer healing (spontaneous pore closing)





24 h



 Loss of surface pores stops initial burst of peptide

Morphology of octreotide acetate-loaded PLGA microspheres after incubation at 37°C in acetate buffer solution.

(Wang, et al., J. Cont. Rel., 82, 289-307 (2002))

## **Burst release of octreotide** from PLGA microspheres

- Three phases identified
  - 1. High permeability (initial holes and rapid pore opening)
  - 2. Medium permeability (swelling overcomes shrinking diffusion path)
  - 3. Pore closing

(Wang et al.,



## Pore closing in PLGA-Glucose microspheres captured as a function of temperature

- Observations
  - Higher temp increases pore closing rate
  - Both dextran and BSA obey same behavior

Table 2. Fitted an	d Calculated Pa	lated Parameters of			
Macromolecular Re	Bease from PLG	A- GI	имю	rospne	res
temperature (°C)		4	25	37	45
D <sub>eff</sub> (× 10 <sup>- 11</sup> cm²/s)	BSA	2.6	4.1	22	30
	dextran (70 kDa)	1.1	2.2	24	31
	dextran (70 kDa)		2.2	2.9	3.5
	calculated				
releasable fraction p	BSA	0.45	0.48	0.20	0.11
	dextran (70 kDa)	0.45	0.45	0.15	0.08

<sup>a</sup> Calculated using Stokes- Einstein equation assuming  $D_{eff}$  at 4 °C is 1.1 × 10<sup>-11</sup> cm<sup>2</sup>/s.

(Kang & Schwendeman, Molec. Pharm., 2007)



**Figure 6.** Curve-fitting of BSA release from PLGA- Glu microspheres at 4 (A), 25 (B), 37 (C), and 45 °C (D) by Crank's solution. The experimental data were represented by symbols and the fitted curve was by line. The adjusted coefficient of multiple determination ( $Ra^2$ ) > 0.97.

## Pores close at 37 °C—stay open at 4 °C

No pre-incubation

Pre-incubation: 4 °C, 2 days Pre-incubation: 37 °C, 2 days

![](_page_17_Picture_4.jpeg)

![](_page_17_Picture_5.jpeg)

• Monitoring open pores by 12-h uptake of fluorescent dextran

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# Simulated healing times can match well with experimental data

![](_page_18_Figure_1.jpeg)

Left - Courtesy of Jessie Huang and Michael Thouless, UM Mechanical Engineering

Mazzara et al. J. Control. Rel., 171, 172-177 (2013) Huang et al. J. Control. Rel., 206, 20-29 (2015)

# PLGA mass loss occurs at a critical MW providing a means to control drug release

![](_page_19_Figure_1.jpeg)

Husmann, M., Schenderlein, S., Luck, M., Lindner, H., and Kleinebudde, P. 2002. Polymer erosion in PLGA microparticles produced by phase separation method. Int. J. Pharm. 242: 277-280.

## Common method to accomplish continuous release of peptides and small molecules – use low molecular weight PLGA

100 80 tetragastrin release (%) 60 40 200 µm film 20 600 µm film – 1200 µm film 15 20 10 25 30 35 time (d)

low MW fraction (as a blend or 100%) helps to eliminate induction time of mass loss for sustained erosion-controlled release

PLGA 50/50, Mw = 15.2 kD

(Hutchinson, EP 058481, 1982)

## Cage Model for Evaluation of Microsphere Performance

#### Cages:

 $\diamond$  Surgical grade stainless steel mesh (37 µm opening)

- ♦ Silicone tubing for injection into cage
- ♦ Vulcanize and autoclave
- ♦ Validated by PK vs. SC injection

![](_page_21_Picture_6.jpeg)

**Amy Doty** 

![](_page_21_Figure_8.jpeg)

PK of the steroid triamcinolone acetonide (Tr-A)/PLGA 50/50 microspheres

Doty et al. Biomaterials, 109, 88-96 (2016)

![](_page_22_Picture_0.jpeg)

Keiji Hirota

## Continuous release of leuprolide from PLGA microspheres (use low molecular weight PLGA)

![](_page_22_Picture_2.jpeg)

Jia Zhou

![](_page_22_Figure_4.jpeg)

## Comparing mechanistic signatures in vitro and in vivo for leuprolide from R503H

![](_page_23_Figure_1.jpeg)

- In vitro: release = mass loss at late times
- In vivo: release = mass loss at early times (from cage model)

## 1-day absorption of cationic peptides in R502H in neutral pH buffer solution

## leuprolide

### octreotide

Table 1
Langmuir model fitted parameters (see Eq. (1)) and estimated fraction of acids occupied at maximal sorption.

Peptide	Polymer	$K  [\mu M^{-1}]$	Γ <sub>0</sub> [µmol/g PLGA]	Γ <sub>max</sub> <sup>a</sup> [μmol/g PLGA]	Total acids [µmol/g PLGA]	FA <sup>b</sup>
Leuprolide	RG 502H	0.77	1.5	229	185	1.24
Octreotide	RG 502H	1.6	8.5	163	185	0.88
Octreotide	RG 503H	1.2	2.9	81	94	0.86
Octreotide	RG 504H	n.d	n.d	~6 <sup>c</sup>	53	n.d

<sup>a</sup>  $\Gamma_{max} = \Gamma_0 + \Gamma_1$ .

<sup>b</sup> Fraction of acids occupied ( $\Gamma_{max}$ /Total acids).

<sup>c</sup> Γ<sub>max</sub> estimated visually from isotherm.

## Proposed desorption mechanism for in vitro leuprolide release from 503H

![](_page_25_Figure_1.jpeg)

#### Water-soluble acid (µmol)

**Fig. 8.** Correlation of leuprolide release with water soluble acid levels in incubation media, PBST7.4 ( $\bigcirc$ ), PBST5.5 ( $\Box$ ), PBStc ( $\diamondsuit$ ), and HBST7.4 ( $\bigcirc$ ) at days 1, 3, 7, 14, and 21 except for PBStc which was examined until day 14. Curve fitting results for each sample are indicated by dotted lines with R<sup>2</sup> values shown in legend notes. Each plot represents mean  $\pm$  S.E.M (n = 3).

![](_page_25_Figure_4.jpeg)

## Release of octreotide from SLAR accelerated in the presence of leuprolide

![](_page_26_Picture_1.jpeg)

**Avital Beig** 

![](_page_26_Figure_3.jpeg)

## **Case for water-mediated processes** controlling drug release

#### Rationale:

- If diffusion slower than osmotic pumping (e.g., by increasing cylindrical length) then strong dependence on external  $\pi$ 

![](_page_27_Picture_3.jpeg)

30% load

pumping. After the osmotic pumping effect, drug di fusion through the capsule openings will because and the capsule openings will be capsule openings wil nant. Since water can still permeate through polym

PLA, Mv = 32.6 kD

(Zhang et al., J. Cont. Rel., 1994)

![](_page_27_Figure_9.jpeg)

## Water uptake continuous and extensive for leuprolide release from R503H

![](_page_28_Figure_1.jpeg)

GLUP = + gelatin with leuprolide LUP = - gelatin with leuprolide

## Microstructural changes detected by confocal mapping of bodipy uptake in R503H

![](_page_29_Figure_1.jpeg)

## Characterizing release mechanisms and identifying biorelevant in vitro release media

#### Compare time-scales to understand release mechanisms (acid-capped PLGA 50/50)

Characteristic times (in days) of release and erosion

	<i>Tr-A_1</i>		
10-21	in vitro	in vivo	
t <sub>50,release</sub>	19.0 ± 0.4	$7.9 \pm 0.8$	
t <sub>50,erosion</sub>	25 ± 8	11 ± 1	
t <sub>50,release</sub> / t <sub>50,erosion</sub>	0.77	0.72	

![](_page_30_Figure_4.jpeg)

Doty et al., Eur. J. Pharm. Biopharm, 113, 24-33 (2017)

## Summary

- Several mechanisms contribute to the release of drugs from PLGA microspheres in vitro and in vivo
- In addition to erosion, diffusion, and water-mediated processes, pore healing, drug-polymer interactions, and other <u>dynamic</u> microstructural changes to the polymer may affect the release mechanism
- Development of a cage model has provided utility to facilitate mechanistic analysis of *in vivo* release by recovery of the microspheres
- Further refinement of methods to evaluate mechanistic effects *in vitro* and *in vivo* for existing products would appear useful to compare incoming generic drug products
- Continued focus on mechanistic research and related opportunities may reduce barriers to new PLGA microsphere products

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### Lab members

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Current group

Justin Hong Jason Albert Karl Olsen Rose Ackermann Linglin Feng

Brittany Bailey \* Karthik Pisupati \* Amy Doty \* Max Mazzara \* Kellisa Hansen \* Jia Zhou Morgan Giles Kari Nieto Jie Tang Avital Beig Rae Sung Chang Gergely Lautner Jenna Marchi

\* former lab members

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![](_page_33_Picture_1.jpeg)