

# The Impact of Cyclodextrin on Fasting and Fed Bioequivalence Studies in Solid Oral Immediate-Release Drug Products

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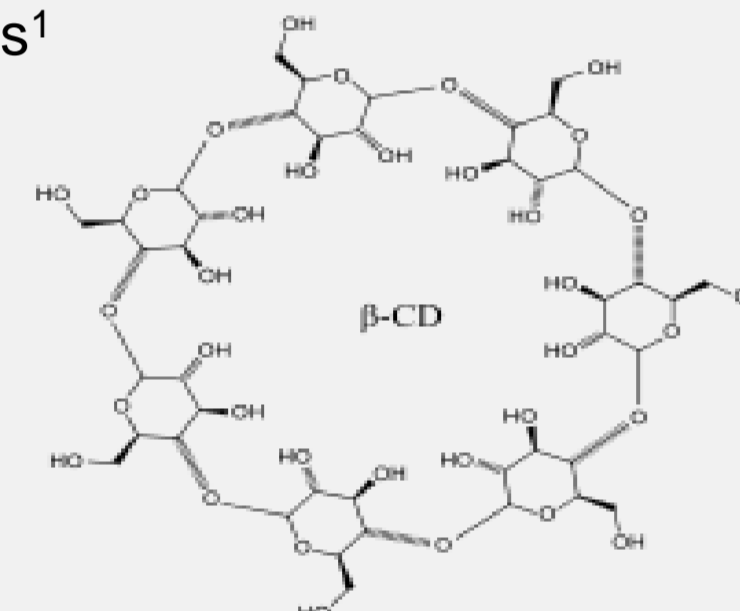
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## PURPOSE

- Cyclodextrin (CD) is a family of cyclic oligosaccharides consisting of a macrocyclic ring of glucose subunits joined by  $\alpha$ -1,4 glycosidic bonds
  - Commonly used 6-8 linked  $\alpha$ -D-glucopyranoside-creating ring shape structure<sup>1</sup>
- CD is used for the improvement of water-solubility and bioavailability (BA) of drug products in a variety of dosage forms such as oral tablets, aqueous parenteral solutions, nasal sprays, and eye drops<sup>1</sup>
- Betacyclodextrin ( $\beta$ -CD), or betadex, is a common 7-glucose subunit ring of CD that is gaining presence as an excipient in solid oral immediate release (IR) drug products
  - Previously, literature has demonstrated CD has potential to stabilize formulation and improve organoleptic properties, increasing the dissolution rate and improving BA for Biopharmaceutical Classification System (BCS) 2 and 4 drugs<sup>1</sup>
- $\beta$ -CD has the potential to impact the drug pharmacokinetic (PK), which may subsequently impact between generics and new drugs bioequivalence (BE) outcomes

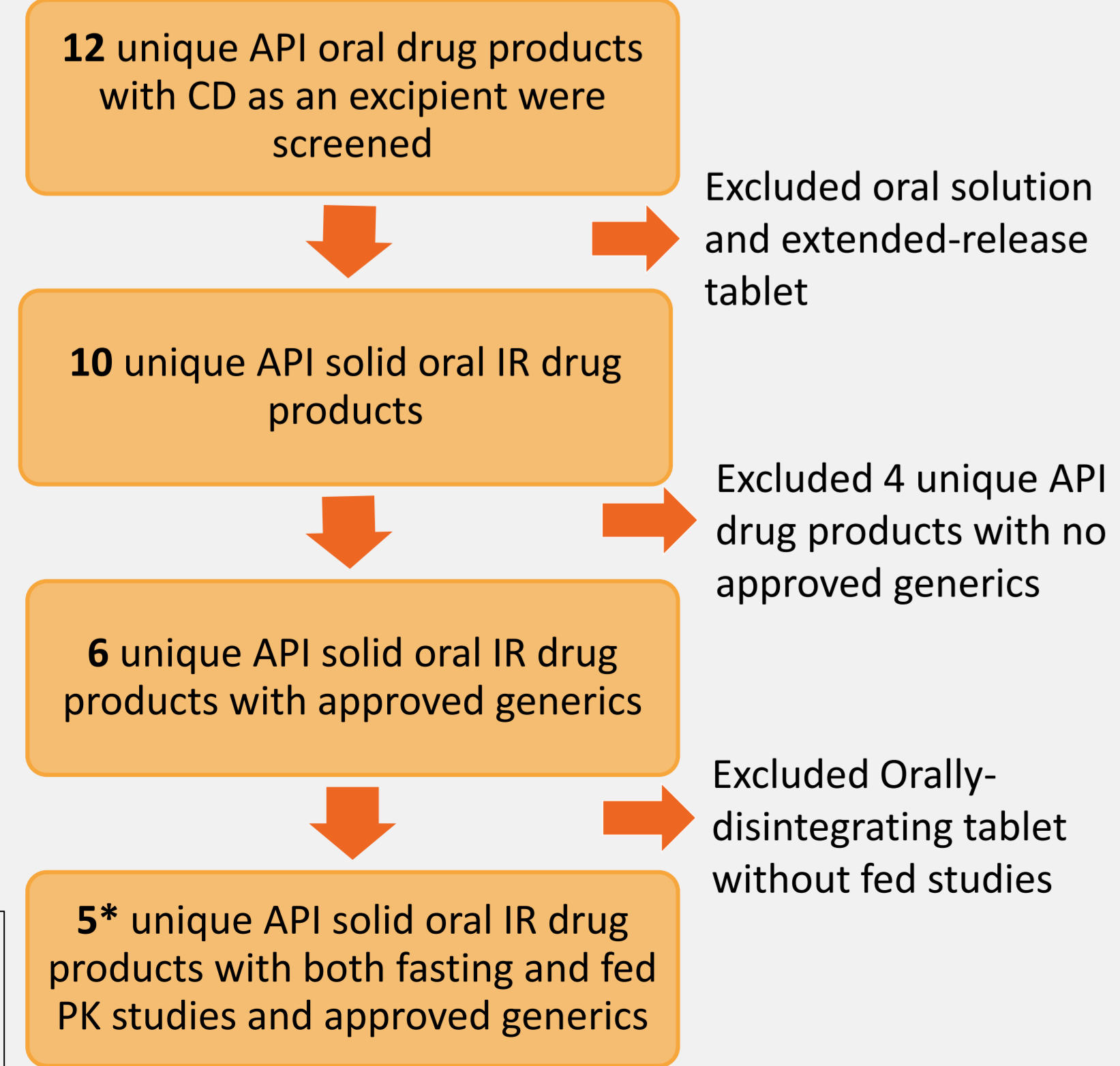


## OBJECTIVE(S)

- This study aimed to examine the use of CD in solid oral immediate release (IR) drug products and its impact on the (BE) outcome under fasting and fed conditions.

## METHOD(S)

- We collected U.S Food and Drug Administration (FDA) approved New Drug Applications (NDAs) and Abbreviated New Drug Applications (ANDAs) for solid oral IR drug products containing  $\beta$ -CD as an excipient
- Individual drug product formulation composition, fasting and fed PK BE data, and in vitro dissolution data were analyzed

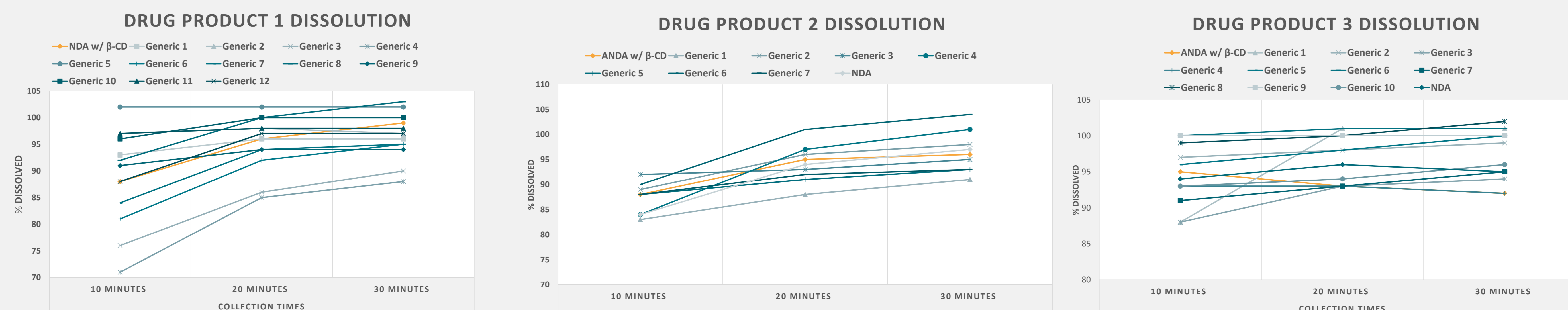
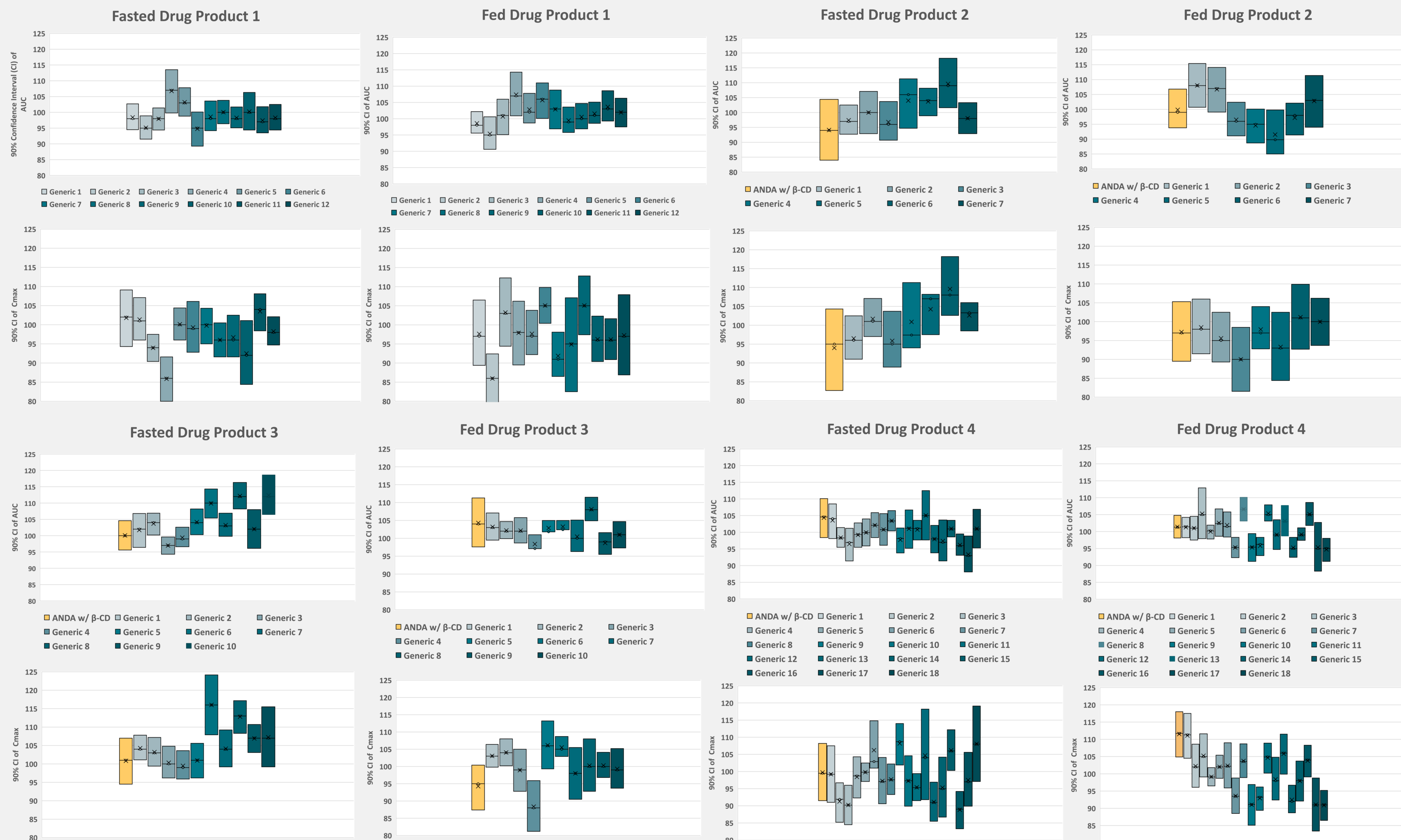


## RESULT(S)

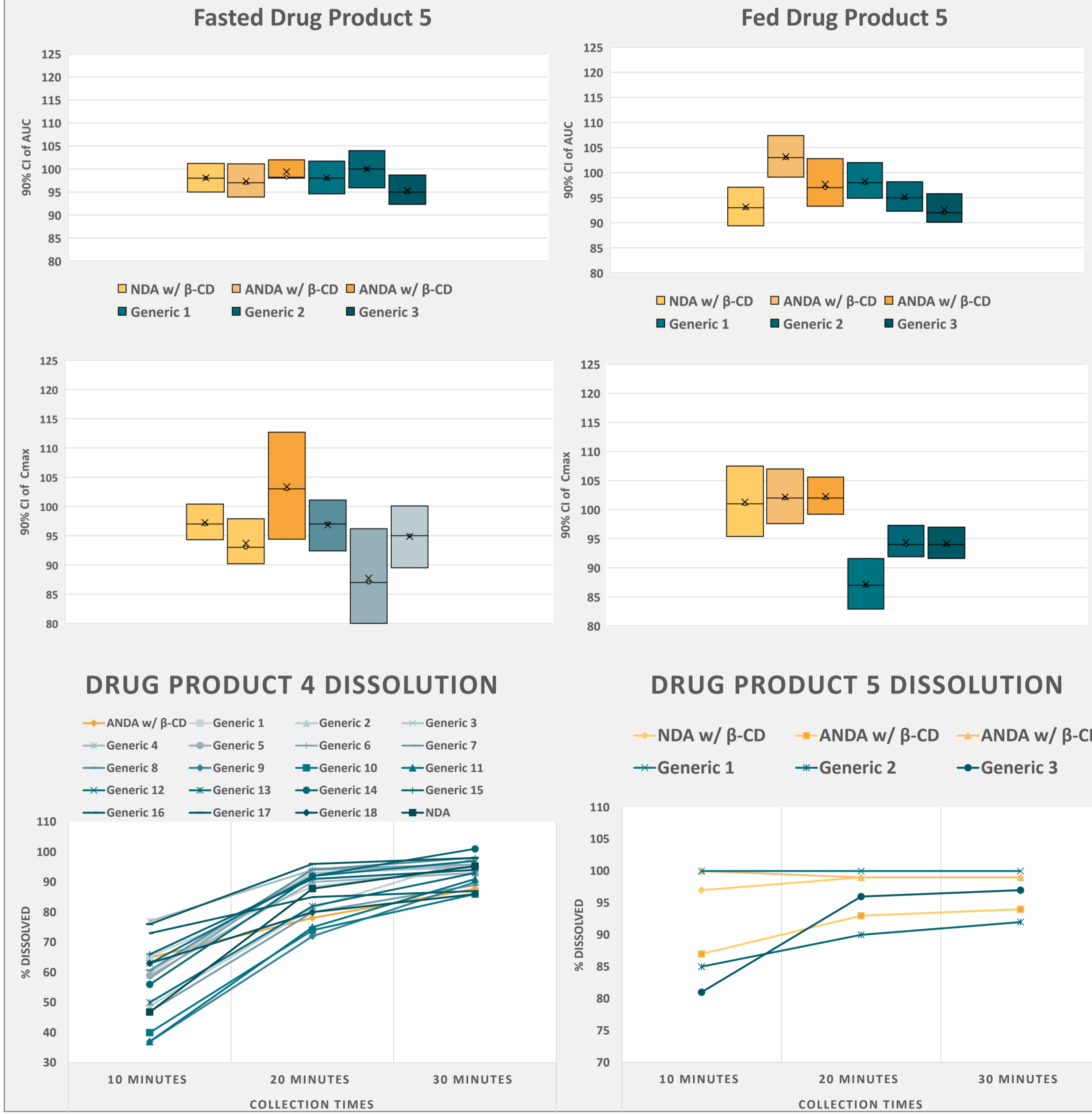
Drug Products	BCS class	Dosage Form	Cyclodextrin (CD)	Function	CD w/w Amount (%)	Non-CD excipient used in other compared ANDAs
Drug Product 1	2	Tablet	$\beta$ -cyclodextrin clathrate	Stabilize API	< 1	Not substituted
Drug Product 2	1	Tablet	Betadex	Diluent	~60	Mannitol
Drug Product 3	3	Tablet	Betadex	Diluent	~27	Microcrystalline cellulose
Drug Product 4	2	Tablet	Betadex	Diluent	~19	Lactose
Drug Product 5	3	Chewable Tablet	Betadex	Taste masker	~41; ~34; ~17	Magnesium Oxide; Polacriflex resin

PK Parameters	Drug Product 1: Fasted $\beta$ -CD-API complex vs. API only formulation?		
	Test 1 vs. ST	Test 2 vs. ST	Test 2 vs Test 1
C <sub>max</sub>	100.9 (89.6 - 113.6)	105.8 (94.0 - 119.2)	104.9 (93.2 - 118.1)
AUC	97.2 (85.3 - 110.7)	104.3 (96.1 - 118.8)	107.3 (94.2 - 122.3)

Test 1: API- $\beta$ -CD complex oral tablet  
Test 2: API only oral tablet  
Standard treatment (ST): API in microcrystalline suspension



## RESULT(S)



## CONCLUSIONS

- $\beta$ -CD is found to be utilized diversely as a drug stabilizer, diluent, or taste masking agent in the 5 solid oral IR dosage forms drug products.
- $\beta$ -CD did not pose an impact on the PK differently of BCS Class 1, 2, 3 drugs or affect BE outcomes under both fasting and fed conditions in reviewed applications.
- $\beta$ -CD did not change product dissolution profiles in reviewed applications.
- Future work may be needed to determine if other types of CD affect PK or  $\beta$ -CD impacts PK of other modified release products or solution products.

## DISCLAIMER AND REFERENCES

**Disclaimer**

- The contents in this poster reflect the views of the authors and should not be construed to represent U.S. FDA's views or policies.
- Specific drug names and application numbers were not disclosed due to confidentiality reasons. However, masking drug names would not affect the conclusions we draw on the potential impact of  $\beta$ -CD on PK or BE under fasting or fed conditions for these oral dosage form products.

**References**

- Rajeswari Challa, Alka Ahuja, Javed Ali, and R.K. Khar. Cyclodextrins in Drug Delivery: An Updated Review. AAPS PharmSciTech; 2005 6(2) Article 43.
- Hartmut Blode, Rolf Schürmann, Norbert Benda. Ethinyl estradiol-beta-cyclodextrin clathrate formulation does not influence the relative bioavailability of ethinyl estradiol or co-administered drospirenone. Contraception; 77 (2008) 171 – 176.

